

Suggested Use: Contents of 1 pack each morning and evening. Store in a cool, dark place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: This product is processed in a facility that manufactures other products containing soy, milk, egg, wheat, peanut, tree nuts, fish, and shellfish,

Supplement Facts Serving Size: 1 Pack

Servings per Container: 60

	Amount per Serving	%Daily Value
Calories	15	
Total Fat	1 g	1%*
Cholesterol	5 mg	2%
Total Carbohydrate	1 g	<1%*
Vitamin A	360 mcg RAE	40%
Vitamin C	4 mg	4%
Vitamin D	7.8 mcg	39%
Thiamin	0.2 mg	17%
Riboflavin	0.2 mg	15%
Vitamin B6	1 mg	59%
Vitamin B12	4.2 mcg	175%
Iron	1.4 mg	8%
lodine	300 mcg	200%
Zinc	2.7 mg	25%
Copper	0.3 mg	33%
Manganese	16 mg	696%
DUA	200	

DHA	300 mg	Ī
EPA	60 mg	
Proprietary Blend	2,176 mg	
Tuna oil, defatted wheat of	germ, calcium lactate, kelp, organic carrot,	

organic sweet potato, nutritional yeast, bovine adrenal, magnesium citrate, bovine liver, organic alfalfa (aerial parts) juice powder, organic pea vine juice powder, oat flour, bovine kidney, bovine spleen, ovine spleen, bovine orchic extract, bovine bone, organic buckwheat (aerial parts) juice powder, organic buckwheat flour, sunflower lecithin, veal bone, rice bran, organic shiitake mushroom powder, and organic reishi mushroom powder.

*Percent Daily Values are based on a 2,000 calorie diet. +Daily Value not established.

Other Ingredients: Gelatin, water, glycerine, honey, manganese lactate, zinc amino acid (rice) chelate, iron amino acid (rice) chelate, calcium stearate, copper amino acid (rice) chelate, arabic gum, dicalcium phosphate, ascorbic acid, modified corn starch, prolamine iodine (zein), cholecalciferol, pyridoxine hydrochloride, vitamin A palmitate, sucrose, thiamin hydrochloride, riboflavin, d-alpha tocopherol (vitamin E soy), and cyanocobalamin.

Catalyn® (three tablets)—contains vital nutrients from whole food and other sources



Trace Minerals-B₁₂™ (one tablet)—trace mineral supplement



Tuna Omega-3 Oil (two softgels)provides 300 mg DHA and 60 mg EPA omega-3 fatty acids to support heart, brain, eve, and joint health



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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