

Sunny Mood[®] with 5-HTP is specially formulated to support emotional well-being and relaxation.* This product helps boost the body's natural production of serotonin, a key brain messenger for positive mood and mental balance.* Magnesium helps to convert 5-HTP into serotonin, while Chromium helps maintain healthy blood glucose levels already within the normal range.*

Sunny Mood[®] with 5-HTP also helps maintain balance with the adaptogen Rhodiola, L-Theanine which supports a calm yet alert state of mind, and other ingredients traditionally used in relaxing formulas, such as Passionflower and Lemon Balm.* Our proprietary BioPerine Complex completes the formula to promote optimal nutrient absorption.*

Sunny Mood[®] with 5-HTP is nourishing and drug-free, ideal for daily use.*

What makes us different:

Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Quality Assurance - Irwin Naturals[®] is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.



Patented BioPerine[®] - Our special BioPerine Complex enhances the bioavailability, absorption and potency of many nutrients.*

Usage Warnings: Do not use if safety seal is broken. This product contains an ingredient that may affect blood sugar. Check with your doctor before using this product if you are using medication, including anti-depressants and pain medication, or have any medical conditions, including digestive disorders. Some people may experience drowsiness. Exercise caution if driving a vehicle or operating machinery. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

QUESTIONS: Contact Consumer Affairs
1-800-297-3273 • Weekdays 8:00 AM to 5:00 PM (PST)
Questions@IrwinNaturals.com

DISTRIBUTED, FORMULATED and QUALITY TESTED by:
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Highly Specialized Products:
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plus
Vitamin D3



Sunny Mood[®] with 5-HTP



Uplifting Feel Good Formula[®]
with 200 mg of Relaxing 5-HTP
for Serotonin Production*

80 LIQUID SOFT-GELS

DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take two (2) Liquid Soft-Gels twice daily with a meal and a full glass (8oz) of water.

Supplement Facts

Serving Size: 2 Liquid Soft-Gels
Servings per Container: 40

	Amount per Serving	%Daily Value
Calories	20	
Total Fat	1.5 g	2%**
Total Carbohydrates	1 g	<1%**
Protein	1 g	
Vitamin D3 (as Cholecalciferol)	15 mcg (600 IU)	75%
Iron	0.7 mg	4%
Magnesium (as Magnesium Citrate)	75 mg	18%
Chromium (as Chromium Picolinate)	100 mcg	286%
Flaxseed Oil (seed)	1500 mg	†
Lemon Balm extract (4:1)(leaf)	150 mg	†
Damiana extract (4:1)(leaf)	100 mg	†
5-HTP (from <i>G Griffonia simplicifolia</i>)(seed)	100 mg	†
Passionflower extract (4:1)(aerial)	100 mg	†
Rhodiola (<i>Rhodiola rosea</i>) extract (1% rosavins, 1 mg, 1% salidroside, 1 mg)(root)	100 mg	†
L-Theanine	50 mg	†
Saffron extract (0.3% safranal, 0.015 mg) (stigma and flower)	5 mg	†
BioPerine Complex BioPerine [®] Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)	3 mg	†

**% Daily Value based on a 2,000 calorie diet

†Daily Value not established

Other ingredients: Gelatin, purified water, glycerin, beeswax, soy lecithin, microcrystalline cellulose, turmeric (color), titanium dioxide (color), riboflavin (color), silicon dioxide, sodium copper chlorophyllin (color), dextrin and maltodextrin.

Contains: Soy

• **BIOPERINE[®]** is a registered trademark of Sabinsa Corporation.

No preservatives added.