

EstroPause® Menopause Support® is formulated specifically for aging women.

■ **Female Support:** Menopause is a natural stage of life that all women must go through. To make the transition smoother and easier, many women require additional support.*

■ **Minerals:** Calcium and Magnesium are two of the most important minerals for pre-menopausal women and support the structure and function of bones, muscles and nerves.*

■ **Botanicals:** This multi-approach formula contains women's health herbs, including Black Cohosh, Chasteberry (Vitex) and Red Clover. Ginseng has been traditionally used as a revitalizing tonic.*

EstroPause® Menopause Support® delivers powerful ingredients to promote female health throughout all stages of menopause.*

What makes us different:

■ **Liquid Soft-Gels** - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.

■ **Quality Assurance** - Irwin Naturals® is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Global Responsibility - Over the years we have donated to organizations that support the environment and the health of our children.



Patented BioPerine® - Our special BioPerine Complex enhances the bioavailability, absorption and potency of many nutrients.*

Usage Warnings: Do not use if safety seal is broken. St. John's Wort can interact with medications, such as antidepressants, heart medications, blood thinners, immunosuppressants, and other medications. Avoid excessive sun exposure as use of this product may cause your skin to be extra sensitive to UV sources. This product contains an ingredient that may affect blood sugar. Check with your doctor before using this product if you are using medication or have any medical conditions, including heart disease and/or high/low blood pressure. Do not exceed 90 days of continuous use of this product without a two (2) week break. Do not use if you may become pregnant, are pregnant, nursing, or taking contraceptives. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

QUESTIONS: Contact Consumer Affairs
1-800-297-3273 - Weekdays 8:00 AM to 5:00 PM (PST)
Questions@IrwinNaturals.com

DISTRIBUTED, FORMULATED and QUALITY TESTED by
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Highly Specialized Products:
www.IrwinNaturals.com



EstroPause® Menopause Support®

Calcium • Magnesium • Black Cohosh



Promotes Female Health
Throughout All Stages
of Menopause

80 LIQUID SOFT-GELS

DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take two (2) to four (4) Liquid Soft-Gels a day with meals and a full glass (8oz) of water. May be taken all at once or divided throughout the day.

Supplement Facts

Serving Size: 4 Liquid Soft-Gels

Servings per Container: 20

	Amount per Serving	%Daily Value
Calories	35	
Total Fat	2 g	3%**
Saturated Fat	0.5 g	3%**
Cholesterol	10 mg	3%**
Total Carbohydrates	2 g	<1%**
Protein	2 g	
Calcium (as Calcium Carbonate and Calcium Citrate)	500 mg	38%
Iron	0.6 mg	3%
Magnesium (as Magnesium Oxide and Magnesium Citrate)	200 mg	48%
Sodium	15 mg	<1%**
Fish Oil (30% Omega-3 fatty acids, 647 mg)	2158 mg	†
St. John's Wort extract (0.3% hypericin, 0.9 mg)(aerial)	300 mg	†
Soy Isoflavones (5% total isoflavones, 5 mg)	100 mg	†
Black Cohosh extract (2.5% triterpenoid saponins, 2 mg)(root)	80 mg	†
Red Clover powder (aerial)	40 mg	†
Asian Ginseng extract (root)	31 mg	†
Chasteberry (Vitex agnus-castus) extract (10:1)(fruit)	20 mg	†
Chasteberry (Vitex agnus-castus) extract (10:1)(fruit)	6 mg	†
BioPerine Complex BioPerine® Black Pepper extract (95% piperine) (fruit), Ginger extract (5% gingerols)(rhizome)		

**% Daily Value based on a 2,000 calorie diet

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, soy lecithin, titanium dioxide (color), beeswax, lycopene (color) and maltodextrin.

Contains: **Fish (anchovy, sardine), Soy**

• **BIOPERINE®** is a registered trademark of Sabinsa Corporation.

No preservatives added.