

Joint health is affected by many factors including heredity, gender, sports activities and weight. Both Glucosamine Sulfate and Chondroitin Sulfate are key structural components in cartilage.* Extra Strength Glucosamine Chondroitin Complex plays an important role in the maintenance of joint cartilage.* Extra Strength Glucosamine Chondroitin Complex also contains Vitamin C for collagen formation and Manganese, a mineral necessary for normal skeletal development.*

Individual results may vary.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 4963 B17215 10F

NATURE'S BOUNTY®

EXTRA STRENGTH Glucosamine Chondroitin Complex

Supports
Comfortable
Movement*



120 tablets



DIETARY SUPPLEMENT

DIRECTIONS: For adults, take three (3) tablets daily, preferably one (1) tablet with each meal.

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 40

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	3 g	1%**
Vitamin C (as Ascorbic Acid)	500 mg	833%
Manganese (as Manganese Sulfate)	5 mg	250%
Sodium	45 mg	2%
Glucosamine Chondroitin Complex (Glucosamine Sulfate • 2KCl, Chondroitin Sulfate)	3,000 mg (3 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Natural Caramel Color, Natural Palm Leaf Glaze, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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