

PRODUCT BENEFITS: Magnesium is an essential ubiquitous cation that plays a fundamental role in more than 300 enzymatic reactions.* As a cofactor of adenosine triphosphatases, Magnesium ions play a fundamental role in the synthesis, transfer, storage and utilization of energy-rich compounds.* Necessary for maintaining proper bone mineralization, Magnesium aids in the absorption of Calcium by stimulating the secretion of calcitonin, a hormone that aids in the influx of calcium into bone.*

Directions: For adults, take three (3) tablets daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROD. NO. 5837

To refill please call 1-800-765-6775

or visit www.physiologics.com

Carefully Manufactured by PhysiLogics, LLC
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Physio**Logics**®

Magnesium Complex

Helps Maintain Bone Health*

Dietary Supplement
100 Vegetarian Tablets

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 33

Amount Per Serving	%Daily Value	
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1,250%
Magnesium (as Magnesium Oxide)	400 mg	100%

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Silica.
Contains <2% of: Cellulose Coating, Titanium Dioxide Color, Vegetable Magnesium Stearate.

FREE OF: artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature and avoid excessive heat.

Laboratory Tested to Guarantee Quality

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