

Suggested Usage: Take 1 tablet daily with a meal. Niacinamide (Vitamin B-3) is a form of niacin, a water soluble B-vitamin. It is a derivative of niacin that does not cause the "flush" normally associated with taking high doses of niacin. Niacinamide is readily converted into the bioactive forms of niacin, NAD+, NADH, NADP, and NADPH, which are vital cofactors in cellular energy production and are critical for the maintenance of DNA stability.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (liver problems, stomach ulcers, diabetes, gout, etc.). Keep out of reach of children.

Natural color variation may occur in this product. Store in a cool, dry place after opening.

TABLET SIZE

CODE 0451 V1



Niacinamide

1000 mg

Energy Production*

Vitamin B-3, No Flush

90 Tablets



A Dietary Supplement Vegetarian/Vegan

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Niacin (as Niacinamide) (Vitamin B-3)	1,000 mg	6250%

Other ingredients: Microcrystalline Cellulose, Stearic Acid (vegetable source), Vegetarian Coating [hypromellose (cellulose), stearic acid (vegetable source), sunflower lecithin, triethyl citrate] and Silicon Dioxide.

NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Niacinamide and niacin are two different forms of vitamin B-3. Niacinamide does not cause a niacin flush.