

SUGGESTED USE: As a dietary supplement, add 1 scoop to your choice of water or almond milk. Heat over medium flame for 4 to 5 minutes. Whisk until blended and enjoy this hot beverage.

NOTE: Our Turmeric Latte is a nourishing delicious aromatic spice blend of antioxidant-rich ingredients with added ashwagandha for a wonderfully added benefit of calmness.

CAUTION: Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition or taking medication should consult a doctor before using this product.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE, WITH A LID.

Developed and distributed by Dr. Eric Berg DC
To reorder: shop.drberg.com (800) 816-8184

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Rev. US 00



Dr. Berg®

THE KNOWLEDGE DOC

TURMERIC LATTE

GOLDEN MILK

With Ashwagandha

DIETARY SUPPLEMENT Net Wt. 6 oz (170 g)

35

SERVINGS

Supplement Facts

Servings per container approx. 35
Serving size 1 scoop, approx. 5 g

Amount per Serving	%DV*	Amount per Serving	%DV*
Calories 25		Proprietary Blend (3213 mg)	**
Total Fat 1 g	1%	Coconut oil powder, organic turmeric, coconut milk powder, organic cinnamon, organic ginger, guar gum, organic amla, organic gotu kola, organic ashwagandha, organic clove, organic cardamom, organic nutmeg	
Saturated Fat 1 g	5%		
Sodium 5 mg	<1%		
Total Carbohydrate 3 g	1%		
Dietary Fiber 1 g	4%		
Total Sugars 0 g	0%		
Calcium 9.1 mg	<1%		
Iron 0.50 mg	3%		
Potassium 18.2 mg	<1%		

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
**Daily Value not established.

Other ingredients: Organic inulin agave, pumpkin flavor, vanilla flavor, stevia, Himalayan pink salt
CONTAINS COCONUT