

SUGGESTED USE: As a dietary supplement, take 1 capsule, 2 times per day.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Developed and distributed by Dr. Eric Berg DC

To reorder:

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Dr. Berg Nutritionals

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DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.



Rev. US 00



Dr. Berg

THE KNOWLEDGE DOC™

DIETARY SUPPLEMENT

ADRENAL & CORTISOL SUPPORT

NEW UPGRADED FORMULA

Aids in stress reduction,
promotes relaxation, natural calming effect*

60

CAPSULES

Supplement Facts

Serving size: 2 capsules

Servings per container: 30

	Amount per Serving	% DV*
Vitamin C (from acerola extract)	75 mg	83%
Thiamine (from thiamine pyrophosphate chloride)	5 mg	417%
Niacin (vitamin B3)	7.5 mg	45%
Vitamin B6 (from pyridoxal 5-phosphate)	25 mg	1471%
Pantothenic acid (vitamin B5) (from D-calcium pantothenate)	75 mg	1500%
Magnesium (from magnesium orotate)	14 mg	3%
Zinc (from zinc orotate)	6 mg	55%
Selenium (from L-selenomethionine)	25 mcg	45%
Manganese (from manganese amino acid chelate)	750 mcg	33%
Copper (from copper orotate)	500 mcg	56%
Proprietary blend	562 mg	
Rhodiola rosea PE 4:1, freeze-dried ashwagandha root powder, maca root dry extract 4:1, Bacopa monnieri extract, Schisandra chinensis, Panax ginseng, citrus bioflavonoid (from lemon)		

*Percent Daily Values are based on a 2000 calorie diet.

** Daily Value not established.

Other ingredients: Vegetable capsule, microcrystalline cellulose, magnesium stearate (vegetable source)