suggested use: For overall health, muscle mass, collager, and bene, take a baseline of 1 to 3 servings daily: up to 110 lbs, take 1 to 2 servings daily; up to 110 lbs, take 1 to 2 servings daily at one time; 110 to 140 lbs, take 2 servings daily at one time; above 140 lbs, take 3 or more servings daily. 2 in a.m. and 1 or 2 in p.m. Best when taken on an empty stemoch

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Dr. Eric Berg DC

To reorder: shop.drberg.com (800-816-8184)

Dr. Berg Nutritionals

4501 Ford Avenue, Alexandria, VA 22302

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.

Manufactured in a cGMP, FDA registered facility.





THE KNOWLEDGE DOC"

DETARY SUPPLEMENT

## KETO ESSENTIAL AMINOS

THE 8 ESSENTIAL AMINO ACIDS

<sup>Vegan</sup>. Non-GMO. <sup>Keto-friendly.</sup> Gluten-free.



## Supplement Facts

Serving size: 5 tablets Servings per container: 30

Amount per Serving % DV\*

L-leucine, L-valine, L-isoleucine, L-lysine HCL, L-phenylalanine,

5000 mg

L-threonine, L-methionine, L-tryptophan

\*Percent Daily Values are based on a 2000 calorie diet. \*\*Daily Value not established.

Free from: fat, sodium, sugar, yeast, gluten, soy, corn, wheat, rice. GMOs, preservatives, excipients, dairy or animal products. Keto Essential Aminos contains about 2 calories per serving.

Whole body support system: For every body—kids, adults and seniors. 99% amino acid utilization (AAU)\*. All 8 essential amino acidst. Keto-friendly\*. Supports muscle repair and recovery\*. Supports a healthy immune system\*. Improves resistance to latiguet. Supports healthy brain function\*.

PROTEIN EQUIVALENCE - 5 tablets have the protein equivalence of 29 grams of whey/soy/dairy/nuts, or 15 grams of meat/fish/poultry, or 10 grams of eggs!