

SUGGESTED USE: As a dietary supplement take 2 capsules per day, any time.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Developed and distributed by Dr. Eric Berg DC
To reorder: shop.drberg.com (800-816-8184)

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DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.



Rev. US 02



Dr. Berg

THE KNOWLEDGE DOC™

DIETARY SUPPLEMENT

ESTROGEN BALANCE WITH DIM

Support during menopause
and perimenopause†

60

VEGETABLE
CAPSULES

Supplement Facts

Serving size: 2 vegetable capsules
Servings per container: 30

	Amount per Serving	% DV*
Vitamin E (from d-alpha tocopheryl succinate)	134 mg (200 IU)	893%
Calcium (from calcium d-gluconate)	4 mg	<1%
Black cohosh (<i>Cimicifuga racemosa</i>) root powder	200 mg	**
Ashwagandha (<i>Withania somnifera</i>) root powder	100 mg	**
Stinging nettle (<i>Urtica dioica</i>) leaf powder	100 mg	**
Dindolylmethane (DIM)	100 mg	**
Brussels sprouts powder	50 mg	**
Cabbage powder	50 mg	**
Chasteberry (<i>Vitex agnus-castus</i>) fruit powder	50 mg	**
Turmeric powder (<i>Curcuma longa</i>)	50 mg	**
Sea kelp (organic)	50 mg	**
Black pepper (<i>Piper nigrum</i>) fruit 50:1 extract (BioPerine™)	2.5 mg	**

*Percent Daily Values are based on a 2000 calorie diet.
**Daily Value not established.

Other ingredients: Vegetable capsule, microcrystalline cellulose, magnesium stearate (vegetable source), stearic acid