

SUGGESTED USE: As a dietary supplement, take 3 capsules daily with food.

Dr. Berg's Cod Liver Oil is not only wild-caught, but also uniquely processed.

Typical spray-drying methods use high heat and add oxygen, which create a very unstable oil powder. We use a green proprietary technology involving low heat and low oxygen to create a 98% micro-encapsulated oil powder. We also use no GMO ingredients or modified food starch.

Cod liver oil naturally has EPA and DHA as well as natural vitamin A and vitamin D. Typical cod liver oil products often have synthetic vitamin A added to their formulas. All our nutrients originate only from wild-caught cod liver oil.

We have added some purified bile salts for additional absorption of nutrients. Bile salts assist in the extraction of fat-soluble nutrients from fat and oil.

Our cod liver oil is certified by the Marine Stewardship Council (MSC), the world's leading certification standard for sustainable, wild-caught seafood. The MSC is committed to creating well-managed ocean fisheries to ensure the long-term sustainability of fish stocks and healthy marine ecosystems.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.

Developed and distributed by
Dr. Eric Berg DC

To reorder:
shop.drberg.com (800-816-8184)

Dr. Berg Nutritionals
4501 Ford Avenue, Alexandria, VA 22302



Dr. Berg

THE KNOWLEDGE DOC™

DIETARY SUPPLEMENT

COD LIVER OIL CAPSULES

With purified bile salts to aid in absorption[†]
No synthetic vitamins added
Healthy immunity, heart health, brain health[†]

90

CAPSULES

Supplement Facts

Serving size: 3 capsules

Servings per container: 30

	Amount per Serving	% DV*
Vitamin A (from cod liver oil)	1062 mcg RAE	118%
Vitamin D (from cod liver oil)	8 mcg	44%
Total fatty acids	94 mg	**
EPA (eicosapentaenoic acid)	44 mg	**
DHA (docosahexaenoic acid)	50 mg	**
Ox bile extract (45% cholic acid)	15 mg	**

* Percent Daily Values are based on a 2000 calorie diet.
** Daily Value not established.

Other ingredients: Microcrystalline cellulose, gelatin capsule, magnesium stearate (vegetable source)