

DIRECTIONS

- Take two (2) capsules once per day.
- Do not exceed recommended dose.
- For short term use only; do not take continuously for more than 2 weeks.
- Take with a full 8-ounce glass of water.

WARNINGS

FOR ADULTS ONLY. As with any dietary supplement, consult your healthcare provider before using this product especially if you are pregnant, nursing, or otherwise under medical supervision. Keep out of reach of children.

Do not use if any part of this package is torn, open, or damaged.
Store at room temperature.

NOTICE: This product contains Cascara sagrada and Aloe vera. Read and follow the directions carefully. Do not use if you have or develop diarrhea or abdominal pain because Cascara Sagrada and Aloe vera may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administrations. This product is not intended to diagnose, treat, cure, or prevent any disease.



B I O H M[®]

COLON
CLEANSE

HERBALS + PROBIOTICS

A gentle cleanse to optimize
your digestive journey.*

14 VEGGIE CAPSULES
DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 2 Veggie Capsules
Servings Per Container: 7

	Amount Per Serving	% DV
Cascara sagrada (bark)	400 mg	**
Cassia cinnamon (bark)	370 mg	**
Rhubarb (root)	250 mg	**
Aloe Vera (leaf)	5 mg	**
BIOHM [®] Probiotic Blend (1 Billion CFU)	22 mg	**

L. rhamnosus 18fx, L. acidophilus 16axg,
S. boulardii 16mxg, B. breve 19bx, Amylase

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule,
Magnesium Stearate.

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