



OPTIMAL SOLUTIONS®

ADVANCED COLLAGEN

BEAUTY FORMULA



Vital Nutrients to
Support Natural Beauty*

Vitamin C, Copper
& Biotin

90 tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	1 g	<1%**
Dietary Fiber	<1 g	4%**
Protein	1 g	3%**
Vitamin C (as Ascorbic Acid)	90 mg	150%
Biotin (as d-Biotin)	450 mcg	150%
Calcium	156 mg	16%
Copper (as Cupric Sulfate)	3 mg	150%
Sodium	10 mg	<1%
Hydrolyzed Collagen	1,500 mg (1.5 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Croscopovidone. **Contains <2% of:** Natural Palm Leaf Glaze, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

DIRECTIONS: For adults, take three (3) tablets daily on an empty stomach.

No Artificial Flavor or Sweetener, **No** Preservatives, **No** Sugar, **No** Starch, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

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