

HELLO!

We're Barlean's and we make **premium foods and nutritional supplements** here in the Pacific Northwest. Our family business has grown a lot in 30+ years, but we still do things our way:

- ✓ Create seriously delicious ways for people to get essential nutrients
- ✓ Share our profits to help people locally and around the world

SUPPORTS:

HEART HEALTH*

BRAIN FUNCTION*

JOINTS & BONES*

3x Better Absorption + Vitamin D!

Our special emulsified formula is absorbed better than traditional fish oil or softgels, so you get more of the Omega-3s your body needs, plus 600 IUs of Vitamin D!

- ✓ 1,080 mg Omega-3 from ultra-purified fish oils
- ✓ 15 mcg (600 IU) Vitamin D

SWEET TASTE & CREAMY TEXTURE
NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.

Keep out of reach of children and never give to pets.

Refrigerate after opening



SPOON



TOP



BLEND

SHAKE WELL

• MANGO PEACH SMOOTHIE •

ESTD 1989

BARLEAN'S

• SERIOUSLY DELICIOUS •

OMEGA-3

FROM FISH OIL

OMEGA-3
EPA/DHA **1,080mg**

+ **VITAMIN D**



DIETARY
SUPPLEMENT

NATURAL

**FRUIT
FLAVOR**

**3X BETTER
ABSORPTION**

**TASTE THE FRUIT,
NOT THE FISH.**

DAIRY FREE
SUGAR FREE



Supplement Facts

Serving Size 1 Tbsp (15.9 g)
Servings Per Container 29

	Amount Per Serving	% DV
Calories	60	
Total Fat	4 g	5%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	1 g	†
Cholesterol	25 mg	9%
Total Carbohydrate	6 g	2%*
Total Sugars	0 g	†
Includes 0g Added Sugars		0%*
Sugar Alcohol	5 g	†
Vitamin D	15mcg (600 IU)	75%

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA) 660 mg †

Docosahexaenoic Acid (DHA) 420 mg †

Other Omega-3 Fatty Acids 270 mg †

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Ingredients: Water, fish oil (anchovy, sardine and/or mackerel), xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, antioxidant blend (Vitamin E (as d-alpha tocopherol), rosemary extract, green tea extract, and ascorbyl palmitate), guar gum, beta carotene, vegetable juice, sorbic acid, Vitamin D3 (as cholecalciferol).

Learn more about a Pathway to a Better Life:

Barleans.com • 800.445.3529

Barlean's® Ferndale, WA 98248

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NET WT. 16 oz (1 lb) 454 g

BARLEANS.COM

