

The Good Omega-6

Not all Omega-6s are created equal. Borage oil is nature's richest source of GLA, a healthy and essential Omega-6 fatty acid that your body needs, but can't make on its own.

- Non-GMO • Hexane Free • Gluten Free
- Cold-pressed without solvents



FRESHNESS OATING

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TO A BETTER LIFE:

barleans.com

800/445-3529

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Ferndale, WA 98248



ESTD 1989

BARLEAN'S



NON-GMO

GLUTEN FREE

1,000 mg

BORAGE OIL

SUPPLEMENT

PURE SOURCE OF GLA

60 Softgels

Supplement Facts

Serving Size 1 Softgel (1 g)

Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Saturated Fat	0 g	1%*
Polyunsaturated Fat	0.5 g	†
Monounsaturated Fat	0 g	†
Linoleic Acid (LA)	360 mg	†
Gamma Linolenic Acid (GLA)	200 mg	†
Oleic Acid	170 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

INGREDIENTS: Borage oil and softgel (gelatin, glycerine and water).

SUGGESTED USE:
1-2 softgels per day, with or without a meal. Keep out of reach of children. Store in a cool dry place. Keep tightly closed.



LA-00160-06

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PATENTS: See www.barleans.com/patents