

Product No. 14-500 Do not accept if seal is broken.
Store in a cool dry place. Keep out of the reach of children.

Protein alone doesn't build muscle. The body needs fat, too. And Essential Muscle Lipids delivers the most desirable fatty acids through a combination of fish, flax and borage oils. It's the glue that holds your muscles together. And it just might be the missing link in your muscle-building program. Non-GMO

Essential Muscle Lipids:

- Enhances Muscle Growth and Recovery
- Reduces Post-Workout Soreness
- Supports Immune System Function
- Aids Cell Structure***

No: Artificial color or flavor, wheat, gluten, sodium, sugar, lactose, yeast, starch, nut products, preservatives.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell).

Contains no trans fatty acids. Purity tested for pesticides, herbicides, PCBs and dioxins as well as heavy metals such as mercury. This fish oil was processed using molecular distillation to ensure purity.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.iron-tek.com

Iron-Tek Hauppauge NY 11788

Lot No:

Best by:



**MUSCLES NEED
MORE THAN PROTEIN**

NEW!

Essential
**MUSCLE
LIPIIDS**

**Essential Fatty Acid Formula
for Muscle Recovery*****

90 Softgels

IRON-TEK

Dietary Supplement

Directions: Adults take two (2) softgels daily with food or as directed by a health care professional.

Supplement Facts

Serving Size 2 softgels

Servings Per Container 45

Amount Per Serving	% Daily Value
Calories 25	
Calories from Fat 20	
Total Fat 2.5 g	4%*
Saturated Fat 0.5 g	3%*
Monounsaturated Fat 0.5 g	**
Polyunsaturated Fat 1.5 g	**
Cholesterol 6 mg	2%*
Protein 0.5g	1%*
Vitamin E (as mixed tocopherols)	20 I.U. 67%
Fish Oil Concentrate (from anchovy, mackerel, sardine)	800 mg **
Borage Seed Oil	800 mg **
Flax Oil (seed)	800 mg **
alpha- Linolenic Acid (from flax seed oil)	424 mg **
Linoleic Acid (from borage & flax seed oil)	416 mg **
Oleic Acid (from borage & flax seed oil)	362 mg **
Eicosapentaenoic Acid (EPA) (from fish oil concentrate - anchovy, mackerel, sardine)	240 mg **
Docosahexaenoic Acid (DHA) (from fish oil concentrate - anchovy, mackerel, sardine)	160 mg **
gamma- Linolenic Acid (GLA) (from borage seed oil)	152 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.