Valerian Root is traditionally used to help calm the mind in preparation for a refreshing, restful night's sleep.

SUGGESTED USE:

Take 30 drops (about 1 dropperful) 1-3 times per day or as needed, in water, juice, tea, or directly in mouth.

Organic • Vegan • Non-GMO **Gluten Free • Kosher**

THESE STATEMENTS HAVE NOT EVALUATED BY THE FOOD AND ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



bareorganics

Superfoods to nourish your life.







RESTFUL SLEEP SUPPORT



1 FL. 0Z

(30 mL)

Supplement Facts

Serving Size: 30 Drops (1 mL) Servings Per Container: About 30

Amount Per Serving

% DV

Organic Valerian Extract (root) (1:2) (from 500 mg root)

*Daily Value (DV) not established.

OTHER INGREDIENTS: ORGANIC GLYCERIN, DEIONIZED WATER.

MANUFACTURED EXCLUSIVELY FOR:

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CERTIFIED ORGANIC BY: Organic Certifiers

WARNING: KEEP OUT OF REACH OF CHILDREN.

SHAKE WELL BEFORE USING.

