



1. *Journal of Management Studies*, 1997, 34, 1, 1-14.



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Negative charges promote rational digestion for better absorption and greater bioavailability.

Store in a cool dry place. No fillers or animal testing. No sugar added. Low-glycemic. No artificial colors, preservatives or ingredients. Contents sold by weight not volume. Some settling may occur.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Nutrition Facts

Keywords: child sexual abuse; disclosure; social support

	Per 1 Scoop		Per 10 Scoops	
Calories		90		180
		%DV*		%DV
Total Fat	1.3 g	2%	1 g	4%
Saturated Fat	0.75 g	4.0%	1.1 g	2%
Trans Fat	0g		0g	
Cholesterol	0 mg	0%	0 mg	0%
Sodium	65 mg	4%	1.06 mg	2%
Total Carbohydrate	63 g	2%	1g	2%
Dietary Fiber	23 g	8%	1 g	2%
Total Sugars	1 g		2 g	
Protein	10.3 g	20%	25 g	50%
Vitamin A	29 mcg	1%	58 mcg	4%
Vitamin C	18 mg	30%	36 mg	24%
Vitamin D	0 mcg	0%	0 mcg	0%
Vitamin E (and-alpha tocopherol acetate)	25.25 mg	1.0%	40.52 mg	20%
Vitamin K	15 mcg	10%	30 mcg	30%
Calcium	21.3 mg	2%	42.6 mg	4%
Iron	1 mg	20%	10 mg	10%
Potassium	160 mg	3%	3.20 mg	3%

^aThe 15 Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 100% tells you a day's worth of that nutrient.

Keywords: self-concept; self-esteem; self-efficacy; self-regulation; self-compassion

Source the parent whole food ingredients and blend them into synergistic formulas that create optimal health.

Mix 1-scoop (45 g) into 12 ounces
filtered water, non-dairy
beverage, or blend into your
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