



DIRECTIONS FOR USE

Add 1 tablet to 16 fl oz/
475 ml of water up
to 3 times a day.

ELECTROLYTES DONE RIGHT

Our optimized blends
help you find your best fit.*

Made For Workout Hydration

- Hydrates Better Than Water Alone*
- 1g of Sugar
- Crisp, Refreshing Flavor



HYDRATION
nuun
SPORT
HYDRATION

10
SERVINGS

+CAFFEINE

ELECTROLYTE LEVEL:



Supplement Facts Serving Size 1 Tablet,
Amount Per Serving: Calories 15, Total Carb 4 g (1% DV*),
Total Sugars 1 g† (Incl. 1 g Added Sugars (2% DV)*),
Calcium (as Calcium Carbonate) 13 mg (1% DV),
Magnesium (as Magnesium Oxide) 25 mg (6% DV),
Chloride (as Potassium Chloride) 40 mg (2% DV), Sodium
(as Sodium Carbonate, Sodium Bicarbonate) 300 mg
(13% DV), Potassium (as Potassium Bicarbonate,
Potassium Chloride) 150 mg (3% DV), Caffeine (from
Organic Green Tea Leaf Extract) 40 mg*. *Percent Daily
Values (DV) are based on a 2,000 calorie diet. †Daily
Value not established.

OTHER INGREDIENTS: CITRIC ACID, DEXTROSE,
NATURAL FLAVOR WITH OTHER NATURAL
FLAVORS, STEVIA LEAF EXTRACT, AVOCADO OIL,
MALIC ACID, RIBOFLAVIN (FOR COLOR).

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INFO@NUUNLIFE.COM
NUUNLIFE.COM
855.426.6886

Use only if cap seal
is unbroken.

Store below 77°F/25°C.

Keep cap closed
when not in use.



*Electrolyte levels based on the ratio of
Sodium, Chloride, and Potassium in our
products. See nuunlife.com/electrolytes

*THESE STATEMENTS HAVE NOT
BEEN EVALUATED BY THE FOOD
AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED
TO DIAGNOSE, TREAT, CURE, OR
PREVENT ANY DISEASE.

**FRESH
LIME**
NATURALLY FLAVORED
DIETARY SUPPLEMENT
10 EFFERVESCENT TABLETS

WARNING: KEEP OUT OF REACH OF
CHILDREN. CONSULT WITH YOUR HEALTH
CARE PROVIDER PRIOR TO USE IF YOU
ARE PREGNANT, NURSING, OR HAVE ANY
HEALTH CONDITIONS OR CONCERNS.

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