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Glucosamine is a key structural component in cartilage.* Glucosamine and Chondroitin Complex plays an important role in the health of joint cartilage.* This formulation promotes mobility and flexibility for comfortable joint movement.*

Individual Results May Vary

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 238 B52655 16J

NATURE'S  BOUNTY

Glucosamine Chondroitin Complex

Supports Comfortable Movement*



~~60~~ **110** capsules

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) capsules three times daily, preferably with meals.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 55

Amount Per Serving	%Daily Value	
Vitamin C (as Ascorbic Acid)	60 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Glucosamine Chondroitin Complex	1,100 mg (1.1 g)	**
(Glucosamine Sulfate • 2KCl, Methylsulfonylmethane (MSM), Chondroitin Sulfate)		

**Daily Value not established.

Other Ingredients: Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast. Sodium Free.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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