

COMPARE + SAVE



# ABC Plus<sup>®</sup>

## Multivitamin/Multimineral Supplement

### PROMOTES HEART HEALTH\*

100 tablets  
DIETARY SUPPLEMENT



Prod. No. 70  
B30272 15F

### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Vitamin A 3,500 IU (as Vitamin A Acetate and 29% as Beta-Carotene)	70%
Vitamin C 60 mg (as Ascorbic Acid)	100%
Vitamin D 400 IU (as D3 Cholecalciferol)	100%
Vitamin E 30 IU (as dl-Alpha Tocopheryl Acetate)	100%
Vitamin K 25 mcg (as Phytonadione)	31%
Thiamin 1.5 mg (Vitamin B-1) (as Thiamin Mononitrate)	100%
Riboflavin (Vitamin B-2) 1.7 mg	100%
Niacin (as Niacinamide) 20 mg	100%
Vitamin B-6 2 mg (as Pyridoxine Hydrochloride)	100%

Amount Per Serving	%Daily Value
Folic Acid 400 mcg	100%
Vitamin B-12 6 mcg (as Cyanocobalamin)	100%
Biotin (as d-Biotin) 30 mcg	10%
Pantothenic Acid 10 mg (as d-Calcium Pantothenate)	100%
Calcium 200 mg (as Calcium Carbonate and Dicalcium Phosphate)	20%
Iron (as Ferrous Fumarate) 18 mg	100%
Phosphorus 20 mg (as Dicalcium Phosphate)	2%
Iodine 150 mcg (as Potassium Iodide)	100%
Magnesium 50 mg (as Magnesium Oxide)	13%
Zinc (as Zinc Oxide) 11 mg	73%
Selenium 55 mcg (as Sodium Selenate)	79%

Amount Per Serving	%Daily Value
Copper (as Cupric Sulfate) 0.5 mg	25%
Manganese (as Manganese Sulfate) 2.3 mg	115%
Chromium (as Chromium Picolinate) 35 mcg	29%
Molybdenum (as Sodium Molybdate) 45 mcg	60%
Chloride (as Potassium Chloride) 72 mg	2%
Potassium (as Potassium Chloride) 80 mg	2%
Boron (as Boric Acid) 75 mcg	**
Nickel (as Nickelous Sulfate) 5 mcg	**
Silicon (as Silicon Dioxide) 2 mg	**
Tin (as Stannous Chloride) 10 mcg	**
Vanadium (as Sodium Metavanadate) 10 mcg	**

\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose, Gelatin. **Contains <2% of:** Crospovidone, FD&C Yellow #6 Lake, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate.

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Do not use if seal under cap is broken or missing.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

**No Artificial Flavor, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Nutrition Questions or Comments?**  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

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