

OLLY®

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**ULTRA
STRENGTH**

WOMEN'S MULTI +OMEGA-3

DAILY MULTIVITAMIN
for immune, brain, heart
support & energy*

**60
SOFTGELS**

DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED
BY THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE OR PREVENT ANY DISEASE.



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how2recycle.info

Suggested Use: Adults, take 2 softgels with food and water per day. Swallow whole.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	10	Pantothenic Acid (as calcium-D-pantothenate)	5 mg 100%
Total Fat	1 g 1%	Calcium (as tricalcium phosphate)	100 mg 8%
Vitamin A (as retinyl palmitate)	450 mcg 50%	Iron (as ferrous fumarate)	4.5 mg 25%
Vitamin C (as sodium ascorbate)	45 mg 50%	Phosphorus (as tricalcium phosphate)	52 mg 4%
Vitamin D (as cholecalciferol)	20 mcg (800 IU) 100%	Iodine (as potassium iodide)	150 mcg 100%
Vitamin E (as d-alpha tocopherol)	15 mg 100%	Zinc (as zinc citrate)	2.5 mg 23%
Thiamin (Vitamin B1) (as thiamin hydrochloride)	1.2 mg 100%	Selenium (as sodium selenate)	14 mcg 25%
Riboflavin (Vitamin B2)	1.3 mg 100%	Chromium (as chromium chloride)	17 mcg 49%
Niacin (as niacinamide)	16 mg 100%	Inositol	40 mcg **
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg 100%	Boron (as boron citrate)	150 mcg **
Folate	400 mcg DFE (240 mcg folic acid) 100%	Omega-3s (from fish oil)	300 mg **
Vitamin B12 (as cyanocobalamin)	6 mcg 250%		
Biotin (as D-biotin)	150 mcg 500%		

Other Ingredients: Gelatin, Glycerin, Water, Rice Bran Oil, Beeswax, Sunflower Lecithin, Natural Flavors, Coloring from carmine and titanium dioxide. Contains: Fish (Anchovy, Sardine)

Distributed by: OLLY Public Benefit Corp.,
San Francisco, CA 94111

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Processed in a facility with products that may
contain soy, egg, peanuts, tree nuts, milk, shellfish,
wheat and sesame.

Take only as directed. Do not exceed suggested use.

If you have a medical condition or are pregnant or
nursing, please seek the advice of a qualified health
care professional before using. Not intended for use
in children. Do not use if shrink wrap is torn or missing.

WARNING: Accidental overdose of iron-containing
products is a leading cause of fatal poisoning in
children under 6. Keep this product out of reach
of children. In case of accidental overdose, call a
doctor or poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN.
Store in a cool, dry place.



No Synthetic
Flavors or Colors



Gluten Free



Take with Water



**HEALTH
ON THE
DAILY**

- **B12:** Energy production*
- **Omega-3s:** Brain & heart support*
- **Vitamins & Minerals:** Immune support*
- **Biotin:** Healthy hair, skin & nails*

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