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## THE GOODS INSIDE



### MELATONIN

We've got your (drug-free) mellow right here. This naturally occurring hormone works with your body's chemistry to promote healthy sleep cycles.\*



### L-THEANINE

An amino acid that encourages calmness so you can hush those voices in your head and drift off.\*



### BOTANICALS

Flower power! Chamomile, Passionflower & Lemon Balm have been used for centuries to help soothe & relax.

70

GUMMIES

DIETARY SUPPLEMENT

# SLEEP

FOR A HEALTHY SLEEP CYCLE\*

Melatonin, L-Theanine  
& Botanicals



BLACKBERRY ZEN  
with other Natural Flavors

**Suggested Use:** Take 2 gummies 30 minutes before bed. Chew thoroughly before swallowing.

## Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 35

| Amount Per Serving                   | % DV         |
|--------------------------------------|--------------|
| Calories                             | 15           |
| Total Carbohydrate                   | 3g 1%†       |
| Total Sugars                         | 2g **        |
| Includes 2g Added Sugars             | 4%†          |
| Protein                              | less than 1g |
| L-Theanine                           | 100 mg **    |
| Melatonin                            | 3 mg **      |
| Chamomile Extract (flower)           | 17 mg **     |
| Passionflower Extract (aerial parts) | 17 mg **     |
| Lemon Balm Extract (aerial parts)    | 16 mg **     |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**Other Ingredients:** Glucose Syrup, Beet Sugar, Water, Gelatin, Natural Flavors, Citric Acid, Coloring (from carrot and blueberry juices), Pectin, Vegetable Oil (coconut, canola), Carnuba Wax (to prevent sticking).

Distributed by: OLLY Public Benefit Corp.  
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*Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.*

*Melatonin may cause drowsiness or sleepiness; do not take when driving, operating machinery, or engaging in any activity that requires alertness. This product is not intended to treat insomnia or other sleep disorders.*

Take only as directed. Do not exceed suggested dosage intended for occasional use only if you have a medical condition, are on medication or are pregnant/nursing, please seek the advice of a qualified health care professional before using. Not intended for use in children. Do not use if inner seal is broken or missing.

**KEEP OUT OF THE REACH OF CHILDREN**

Store in a cool, dry place.



## NATURALLY TASTY

Blissful blackberry with a fresh hint of mint.

## HOW TO TAKE IT

Chew two gummies, no food or water needed.

No Artificial Flavors or Colors Gluten Free

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\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.