

DIRECTIONS: For adults, take one (1) packet daily, preferably with meals.

Other Ingredients: Vegetable Cellulose, Gelatin, Vegetable Glycerin, Soybean Oil, Vegetable Magnesium Stearate, Croscollon, Colours Silicate, Titanium Dioxide Color, Vegetable Stearic Acid, Silica, Starch, Mixed Natural Tocopherols, FD&C Blue #2 Lake, FD&C Yellow #6 Lake, FD&C Red #40 Lake.

Contains fish (anchovy, mackerel, sardine) and wheat ingredients.

No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Shellfish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical or surgical procedures, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer wrap is missing or torn.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Part No. 22-39556



- ▶ Sugar, Fat & Energy Metabolism*
- ▶ Immune Function*
- ▶ Heart Health*
- ▶ Bone Health*
- ▶ Antioxidant Support*



DIETARY SUPPLEMENT

A balanced supplement providing essential vitamins and minerals for antioxidant health.* Also contains Vitamins C and E for antioxidant health, Vitamin A for eye health and B-6, B-12 and Folic Acid for heart health.*

Vitamin C plays an important role in supporting immune function.* As an antioxidant, Vitamin C helps fight

Made up of several B vitamins that work well together to support nervous system health and energy metabolism.* Each nutrient in the B Vitamin complex performs a unique role in providing nourishment for the occasional stress of daily living and is essential for well-being.*

Contains EPA and DHA, two fatty acids vital for good health.* The Omega-3 fatty acids are important for cellular, heart and metabolic health.*

Calcium is the primary mineral responsible for strong bones and Vitamin D aids in the absorption of Calcium.* Because the body cannot produce Calcium, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium and Vitamin D can play a role in maintaining bone health.*

Vitamin D₃ supports the immune system.¹
Vitamin D₃ is a potent and active form of
Vitamin D.

Chromium works to support your body's use of sugar and also plays a role in the metabolism of proteins and fats.*

