

Suggested Use: Adults mix 1 packet in 6 ounces of water one (or more) times per day. Delicious with almond or rice milk. Not intended for children.

Supplement Facts

Serving Size 1 Packet (23 g)
Servings Per Container 1

Amount Per Serving		% Daily Value
Calories	90	
Total Carbohydrate	4 g	1% ¹
Dietary Fiber	3 g	12% ¹
Soluble Fiber	2 g	+
Insoluble Fiber	1 g	+
Sugars	<1 g	+
Other Carbohydrate	1 g	+
Protein	17 g	34% ¹
Vitamin A*	200 IU	4%
Vitamin D*	400 IU	100%
Vitamin E*	5 IU	18%
Vitamin K*	5 mcg	6%
Organic RAW Sprout Blend	22.4 g	+
Organic Sprouted Brown Rice Protein, Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Flax Seed Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Chia Seed Sprout, Organic Sesame Seed Sprout, High Protein Cracked-Wall Chia Seed, RAW Natural Vanilla Flavor, RAW Organic Stevia (Leaf), RAW Natural Chai Flavor		
RAW Probiotic & Enzyme Blend	78 mg	+
Bifidobacterium lactis, Lactobacillus acidophilus (3 Billion CFU) Protease 2,500 HU/T, Bromelain 100,000 PU, Acid Protease 10 SAPU, Papain 100,000 PU		
Mixed Tocopherols	1 mg	+
alpha-tocotrienol, beta-tocotrienol, gamma-tocotrienol, delta-tocotrienol, beta-tocopherol, gamma-tocopherol		

¹ Percent Daily Values based on a 2,000 calorie diet.
+ Daily Value not established.

Other ingredients: Saccharomyces cerevisiae, Lactobacillus bulgaricus.

* To learn more about RAW Food-Created Nutrients® used exclusively by Garden of Life, go to www.GardenOfLife.com

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take any medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.
Do not use if packet is torn or punctured.
Store in a cool, dry place.
Contains no filler ingredients, artificial colors, flavors, sweeteners or preservatives.

RAW • VEGAN • CERTIFIED ORGANIC
GLUTEN FREE • DAIRY FREE • LACTOSE FREE • NO FILLERS
NO SYNTHETIC NUTRIENTS • NO ARTIFICIAL FLAVORS OR SWEETENERS
NO PRESERVATIVES • NO PEA PROTEIN



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RAW Food Dietary Supplement

Net Wt. 1.99 oz (25 g) 1 Serving