COOKIE LOVERS AMAZING TASTE! COOKIE LOVERS

Nutrition Facts

Serving Size: 1 scoop (38g)
Servings Per Container: 24

Amount Per Serving		
Calories 160	Calories from Fat 35	
		% Daily Value
Total Fat 4g		6%
Saturated Fat 0.5g		2%
Cholesterol 45mg		15%
Sodium 70mg		3%
Potassium 170mg		5%
Total Carbohydrates 6g		2%
Dietary Fiber 0.5g		2%
Sugars 1g		
Protein 25g		50%
Vitamin A 1%	• Vitamin C 0%	
Calcium 11%	• Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	CALORIES	2000	2500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Cholesterol	Less than	300g	300g
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Protein		50g	65g

Calories Per Gram:
Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: FMS Protein Blend: (Cross-flow Full Spectrum Whey Protein Concentrate [Providing Di-Tri-Oligo and Polypeptides which are the short and long chains of amino acids], Ultra Pure Hydrolyzed Protein Isolate, Micellar Casein), Oreo® Cookies (Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate - Vitamin B1, Riboflavin - Vitamin B2, Folic Acid], High Oleic Canola Oil and/or Palm Oil and/or Canola Oil and/or Soybean Oil, Cocoa Processed With Alkali, High Fructose Corn Syrup, Cornstarch, Leavening [Baking Soda and/or Calcium Phospate], Salt, Soy Lecithin [an emulsifier], Vanillin - artificial flavor, Chocolate), Maltodextrin, Omega Pro (Sunflower Oil Powder), Medium Chain Triglycerides (MCT's), Natural and Artificial Flavors, ProDigest Enzyme Blend (Protease 4.5, Protease 6.0, Peptidase and Bromelain), Xanthan Gum, Micro Encapsulated Probiotic Cultures and Sucralose.
Store in a cool, dry place.

DIRECTIONS: Add one (1) rounded scoop to 8-10 fluid ounces of cold water, milk or beverage of choice. Increase or decrease the amount of liquid to tailor flavor and consistency to your desired preference.

The Ultimate Flurry Hi-Protein Powder is designed to be used anytime thoughout the day including:

BEFORE AND AFTER EXERCISE: Makes an excellent pre and post workout shake by providing fast digesting protein for immediate muscle support plus containing the perfect blend of medium and slow digesting proteins for extended amino acid delivery and recovery.
NOTE: Best results when taken 30 minutes before and after exercise.

WITH MEALS: Use the Ultimate Flurry Hi-Protein Powder with your meals to increase desired protein quantity.

BETWEEN MEALS AND BEFORE BED: The Ultimate Flurry Hi-Protein Powders Sustained Release specialized protein blend FMS (Fast, Medium, Slow) keeps amino acid levels elevated between meals and throughout the night preventing the breakdown of muscle, so your body doesn't go into an undesirable catabolic state.*

ALLERGY INFORMATION: Contains Milk, Wheat and Soy Lecithin. Produced in a facility that manufactures products containing peanuts.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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Premium Quality HYDROLYZED PROTEIN ISOLATE

INSTANT MIXABILITY

Ultimate Flurry™ Hi-Protein Powder

COOKIE LOVERS
Naturally and Artificially Flavored

25g SUSTAINED RELEASE MUSCLE BUILDING PROTEIN*

5g NET CARBS

- LOADED WITH GLUTAMINE AND BCAA'S
- MCT'S / EFA'S FOR FAST BURNING MUSCLE ENERGY*
- PROBIOTICS & DIGESTIVE ENZYMES

Made with America's Favorite Crushed Chocolate Sandwich Cookie

NET WT. 2.0 LBS. (908 g)

GUARANTEED... The Most Delicious Protein Powder You'll Ever Try!

SUSTAIN RELEASE FMS PROTEIN (FAST MEDIUM SLOW)

- Only 5g Net Carbs
- Contains The Right Optimum Ratio of Essential and Non-essential Amino Acids
- Loaded with Glutamine and BCAA's (Branched-chain amino acids)
- IGF-rich Whey Protein Concentrate
- Supports Intracellular Nitrogen Retention Levels*
- MCT's / EFA's for Fast Burning Muscle Energy*
- No Aspartame, No Trans Fat