



NUTRI-WEST®

"When You Want The Best"

MULTI-COMPLEX™

Dietary Supplement
Iron Free
250 Tablets

8836
MFG 07/2009

Directions for use: One to three tablets daily or as directed.

Supplement Facts Serving Size 3 Tablets Servings Per Container 83

Amount Per Serving

	**%DV
Vitamin A (fish liver oil CONTAINS FISH).....	10,500 Lu..... 200
Vitamin D-3 (CONTAINS FISH).....	400 Lu..... 100
Vitamin B-1.....	10 mg..... 666
Vitamin B-2.....	10 mg..... 588
Vitamin B-6.....	10 mg..... 500
Vitamin B-12.....	35 mcg..... 583
Niacinamide.....	100 mg..... 500
Pantothenic Acid (D-Calcium Pantothenate).....	50 mg..... 500
Folic Acid.....	400 mcg..... 100
Vitamin C.....	150 mg..... 250
Vitamin E (d-Alpha Tocopherol Succinate) (CONTAINS WHEAT).....	15 Lu..... 50
Biotin.....	30 mcg..... 100
Calcium (as sulfate).....	150 mg..... 15
Magnesium (as oxide).....	78 mg..... 20
Manganese (as sulfate).....	19 mg..... 750
Potassium (chelate).....	53 mg..... 1.7
Zinc (as sulfate).....	19 mg..... 100
Iodine (kelp).....	150 mcg..... 100
also contains: **Choline Bitartrate 30 mg, Inositol 30 mg, PABA 25 mg, Citrus Bioflavonoids 100 mg, Hesperidin 25 mg, Rutin 20 mg, L-Glutamic Acid 18 mg, L-Lysine 30 mg, DL-Methionine 30 mg, RNA (CONTAINS WHEAT) 13 mg, AL- faifa (leaf) 6 mg, Parsley (leaf) 6 mg, Watercress (leaf, root) 6 mg.	

**%DV is the Percent of United States Daily Value.

***%DV has not been established.

Other Ingredients: Wood Cellulose, Vegetable Stearic Acid, Stearic Acid, Magnesium Stearate.

Mfg. by: Nutri-West, Douglas, WY 82633