

Digestion & Elimination – Toxin Capture and Removal¹

Digestion & Elimination is the third and final step in the RAW Cleanse™ experience, helping to catch and hold undesirable compounds in the digestive tract and facilitate final transport from the body.¹ Digestion & Elimination contains 800mg of RAW Food-Chelated magnesium to draw water into the colon for effective movement of intestinal bulk.¹ RAW organic flax and chia seed act as bulking fibers to absorb toxins and pollutants while RAW organic coconut fiber facilitates intestinal flow and creates a positive microbial balance in the body.¹

Contains no filler ingredients, artificial colors, flavors or preservatives. Store in a cool, dry place.

Do not use if safety seal is broken or missing.

Packaged by weight not volume. Settling may occur.

Keep out of reach of children.



Recyclable Bottle

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAW Food-Chelated Magnesium



RAW CLEANSE DIGESTION & ELIMINATION

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Toxin Capture and Removal¹

RAW • Vegan • Gluten Free • Dairy Free

Net Wt 5.1 oz (145 g) **RAW** Food Dietary Supplement

Suggested Use: One hour before bedtime, adults mix 2 level scoops with at least 12 ounces of water or low sugar juice. May be taken with or without food. All three steps of RAW Cleanse™ are designed to be used during the same seven day period. Not intended for children.

Supplement Facts

¹Serving Size 2 Level Scoops (about 21 grams)
Servings Per Container 7

Amount Per Serving	% Daily Value
Calories 60	
Calories from Fat 20	
Total Fat 2.5 g	4% ¹
Saturated Fat 1.5 g	8% ¹
Total Carbohydrate 10 g	3% ¹
Dietary Fiber 6 g	24% ¹
Soluble Fiber 1 g	
Insoluble Fiber 5 g	
Sugars 2 g	
Protein 5 g	10% ¹
Calcium (naturally occurring) 27 mg	3%
Iron (naturally occurring) 3 mg	14%
Sodium (naturally occurring) 40 mg	2%
Magnesium 800 mg	200%
Proprietary Cleansing RAW Fiber Blend 16.25 g	*
Organic: Coconut Fiber, Organic Flax Seed, Organic Oat Grass Juice, Chia Seed, Organic Alfalfa Grass Juice, Organic Barley Grass Juice, Organic Wheat Grass Juice	

¹Percent Daily Values are based on a 2,000 calorie diet.

*Daily value not established.

CONTAINS: Tree Nuts (Coconut)

¹RAW Food-Chelated Minerals™

CAUTION: Do not take more than directed. High doses of magnesium have been known to cause increased bowel function. Overuse may result in symptoms such as arrhythmia, confusion, difficulty breathing, or low blood pressure. If you experience any of these symptoms, discontinue use and consult your doctor. Extreme changes in bowel health or failure to have a bowel movement may indicate a serious condition. Discontinue use and consult your doctor. Do not use if you take antacids, have hypertension, are on a low sodium diet or if you have kidney disease. Do not give to children under 12 years of age. As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication as a regular basis or are otherwise under medical supervision.

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6000 Village Blvd., West Palm Beach, FL 33407 USA

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