



Sleep[†]



Metabolism[†]



Stress[†]

SUGGESTED USE: Take 2 capsules daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

WARNING: If pregnant, nursing, or trying to conceive, do not use this product; otherwise consult your health-care practitioner before using this product.



GLUTEN FREE

This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quadrifolic®). Quadrifolic is a registered trademark of Gnosis S.p.A. ††This product uses Relora® (a proprietary blend of a patented extract from *Magnolia officinalis* bark and a proprietary extract from *Phellodendron amurense* bark). Relora is a registered trademark of InterHealth N.L. and is protected by U.S. Patent Nos. 6,502,735 and 6,814,887.

RELORA

THORNE®

Relora Plus

DIETARY SUPPLEMENT

60
CAPSULES

SUPPLEMENT FACTS

Serving Size: Two Capsules

Servings Per Container: 30

Two Capsules Contain:		%DV
Thiamin (as Thiamin HCl)	10 mg	833%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	10 mg	769%
Niacin (as Niacinamide)	10 mg	63%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg	588%
Folate (200 mcg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	334 mcg DFE	84%
Vitamin B12 (as Methylcobalamin)	100 mcg	4,167%
Proprietary Blend††	500 mg	
<i>Magnolia officinalis</i> (bark) extract		*
<i>Phellodendron amurense</i> (bark) extract		*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: THORNE RESEARCH, INC., 1-800-228-1966



6

SF809
LSF80905

PEEL
HERE