

NO: GMO's, Fillers, Preservatives, Stearate, Artificial Ingredients, Soy, Nuts, Binders

RECOMMENDATIONS: As a dietary supplement, take one (1) capsule daily with a meal or as recommended by your healthcare practitioner.

CAUTIONS: Pregnant or nursing mothers children under the age of 18, and individuals with a serious medical condition should consult with your health care professional before using this product or any dietary supplement. Do not use if the band around the cap is broken or missing.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.



This product has been manufactured by a FDA registered facility.



Distributed by:
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NaturaLife Labs[™]
A Higher Standard



VITAMIN B-COMPLEX

with folic acid & vitamin C

MAXIMUM STRENGTH



- ✓ Supports the immune system†
- ✓ Delivers all B vitamins†
- ✓ Nervous system support†
- ✓ Energy & metabolism†

ONE A DAY

100
Veggie
Capsules

Natural Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 100

Amount Per Serving	%DV*
Vitamin C (ascorbic acid)	60 mg 100%
Thiamin (as thiamin mononitrate)(B1)	100 mg 8333%
Riboflavin (B2)	100 mg 7692%
Pantothenic Acid (B5) (as d-calcium pantothenate)	100 mg 2000%
Vitamin B6 (as pyridoxine HCl)	30 mg 1765%
Niacin (as niacinamide)(B3)	20 mg 125%
Folate (as 400mcg Folic acid) DFE	680mcg 170%
Vitamin B12 (as cyanocobalamin)	100 mcg 4167%
Biotin (as d-biotin)	100 mcg 333%
Choline (as choline bitartrate)	20 mg 4%
Inositol	100 mg †

†*Daily value not established

OTHER INGREDIENTS: Vegetarian capsule (Plant cellulose)

† This statements have not been evaluated by the food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.