Learn more about this product and net carbs
www.2to1proteinbars.com/bch

INGREDIENTS: Protein Blend (Isolated Soy Protein, Whey Protein Isolate, Whey Powder), Brown Rice Syrup, Corn Syrup, Canola Oil, Sugar, Hydrolyzed Gelatin, Dried Cherry (Cherry, Apple Juice Concentrate, Cherry Juice, Sunflower Oil), Fractionated Palm Kernel Oil, Glycerin (Vegetable based), Water, Roasted Soy Pieces, Natural Flavors, Tapioca Starch, Cocoa Powder, Soy Lecithin, Citric Acid, Milk Powder, Salt, Mixed Tocopherols, Palm Oil, Calcium Carbonate.

ALLERGEN INFORMATION: CONTAINS MILK AND SOY BEANS.
THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT USES PEANUTS, TREE NUTS, SEEDS AND EGGS.

BLACK CHERRY

GLUTEN FREE

1:1™

100% NATURAL

20 GRAMS PROTEIN

Protein Bars

ONLY 210 CALORIES

NET WT 1.9 OZ (54g)

Nutrition Facts	
Serving Size (54g)	
Servings Per Bar 1	
Amount Per Serving	
Calories 210	Calories from Fat 50
	% Daily Value*
Total Fat 5g	8 %
Saturated Fat 2g	10 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 190mg	8 %
Potassium 160mg	5 %
Total Carbohydrate 22g	7 %
Dietary Fiber 1g	4 %
Sugars 15g	
Sugar Alcohols	
Glycerol 2g	
Protein 20g	
Vitamin A 0% • Vitamin C 0%	
Calcium 10% • Iron 10%	
*Percent Daily Values are based on a 2000 calorie diet.	

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PKW-37-002

Product of
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Made in Canada