

DIRECTIONS: As a dietary supplement, men take one capsule twice daily or as directed by a physician.

CAUTION: Consult your physician prior to taking this product if have any pre-existing medical conditions.

- Keep out of reach of children
- Protect from heat, light and moisture
- Store at 59-86°F (15-30°C)
- Do not purchase if seal is broken

Made in the USA

Distributed by: **Vitamins Direct**
West Palm Beach, FL 33407
800-575-1634

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Item #100998
www.vitaminsdirectonline.com

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Prostate
Health Complex®

*Superior
Prostate Support†*

**60 Capsules
Dietary Supplement**

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Zinc (as zinc arginate)	5 mg	33%
Pumpkin seed extract	40 mg	*
Saw palmetto berry extract (provides 145 mg total sterols and fatty acids)	161 mg	*
Pygeum bark	25 mg	*
Lycopene	3.5 mg	*
Soy isoflavones concentrate (provides 6 mg isoflavones)	60 mg	*
Phytosterol concentrate (provides 6 mg of beta-sitosterol)	50 mg	*
Stinging nettle root extract	100 mg	*
L-Alanine	90 mg	*
Glycine	50 mg	*
L-Arginine	50 mg	*

* Daily value not established.

Other Ingredients: Gelatin, cellulose, calcium sulfate, magnesium stearate and silica.
CONTAINS: SOY.