RE-BUILT MASS CHOCOLATE BROWNIE

DIRECTIONS: Mix three level scoops (243 grams) with 16 fl. oz. of cold water or milk. Consume one serving daily. For best results, mix in a blender.

Supplement Facts

Serving Size: Three Level Scoops (243 g)
Servings Per Container 11

Amount Per Serving		% Daily Value
Calories	850	
Calories from Fat	90	
Total Fat	10 g	15%†
Saturated Fat	5 g	25%†
Cholesterol	80 mg	27%
Total Carbohydrate	130 g	43%†
Dietary Fiber	4 g	16%†
Sugars	16 g	
Protein	60 g	
Vitamin A	590 IU	50%
Sodium	550 mg	23%
Potassium	350 mg	10%

Advanced Creatine Complex: Creatine Monohydrate, Creatine Ethyl Ester HCl, Micronized L-Arginine, Micronized Guanidinoacetic, Creatine Citrate, Micronized AKG, Micronized L-Glycine, Micronized L-Methionine, Creatine Ethyl Ester HCl, Creatine AKG, Creatine HCl

Gaulmix: Whey Protein Concentrate, Whey Protein Isolate, Calcium Caseinate, Soy Protein Isolate, Hydrolized Whey Peptides and L-Leucine

Betaine Anhydrous 2.5 g
Quercetin 1 g
Fenugreek Extract (Trigonella foenum)(seed) 600 mg
Glucosamine Sulfate 750 mg
HMB Powder 500 mg
Glutamine (L-Glutamine, L-Glutamic) 150 mg
BioCore Digestive Blend 150 mg
Protease (from Aspergillus oryzae, Aspergillus niger and Aspergillus mellaus) and Peptidase (from Aspergillus oryzae)
Brown Seaweed (Fucus vesiculosus) 190 mg
Infinite Lipids

† Percent Daily Values are based on a 2,000 calorie diet.
Daily Value not established.

OTHER INGREDIENTS: Carbohydrate Blend (Maltodextrin, Waxy Maize Starch), Whey Protein Concentrate, Whey Protein Isolate, Calcium Caseinate, Soy Protein Isolate, Hydrolized Whey Peptides, Cocoa Powder (processed with Alkali), Fat Blend (CLA Powder, Medium Chain Triglycerides), Natural and Artificial Flavors, Lecithin, Acesulfame Potassium, Sucralose.

CONTAINS: Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medicine, or if you are under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant production settling may occur.

Two cups of 2% reduced fat milk provides an additional 240 calories, 8g total fat 5g saturated fat, 0mg cholesterol 1g fiber, 12mg cholesterol, 240mg sodium, 350mg potassium, 23g total carbohydrate (23g sugars) and 16g protein.

Advanced Creatine Complex is a blend of Creatine Monohydrate, Creatine Ethyl Ester HCl, Creatine AKG, Creatine HCl and Creatine Citrate. 5,000,000 and registered trademark Carnosyn™.

Capsimax™ trademark belongs to OmniActive Technologies.

RevUltra® is a trademark of Ingredia.

Beetamino is a trademark of Sensus Holdings, Inc. USA.

BioCore Digestive™ is a trademark of National Enzyme Company.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GET STARTED ON MASSIVE MASS PRODUCTION.

+ HYPER-MASS GAINER WITH **850 CALORIES** AND **60G OF PROTEIN** TO ENGORGE MUSCLES AND **INCREASE MASS***
+ **ANABOLIC** QUAD-PHASE **NUTRIENT STACK** TO PACK ON **MUSCLE FAST***
+ MEGA DOSE OF A **10G, FIVE-PHASE** CREATINE COMPLEX FOR INTENSE **POWER** AND **STRENGTH***
+ ULTRA **ANABOLIC GROWTH FACTORS,** MUSCLE CELL PROTECTION, AND RECOVERY CONDITIONERS FOR **ENHANCED MUSCULARITY** AND **DENSITY****

Beyond RAW™ Re-Built Mass is a monster mass gainer with clinically proven components shown to improve muscle size, stamina and strength**.

This hardcore formula packs 850 mass building calories of the highest quality protein and ingredients to deliver lean mass and support a rock hard physique. Each serving delivers 60 grams of protein, 130 grams of fast, medium, and slow-acting protein for crucial nutrient timing of essential amino fueling dense, bulging muscles and 130 grams of carbs to fuel your workouts and to replenish glycogen stores.* To feed your hunger for calories, it has an intense 10 grams Advanced Creatine Complex with 5 forms of creatine, including micronized creatine and creatine precursors for the forceful, mind-blowing workouts you live for. Fuel up fast with a rapid-absorbing, clinically dosed Quad-Phase Nutrient Stack. **Beyond RAW™ Re-Built Mass** runs the spectrum of key anabolic factors to give you an explosive workout while guiding you to reach the ideal growth window you are striving to achieve.

GROWTH MOTIVATED. PERFORMANCE DRIVEN.

Beyond RAW™ Re-Built Mass is a physique building performance product, using a scientifically precise array of ingredients to fuel engorging muscles and the body's natural creatine production, enhance athletic performance and training, and promote recovery.* **Beyond RAW™ Re-Built Mass** is a hardcore mass gainer formula stack including an extreme mixture of a triple source protein blend, critical carbohydrates, power-pushing creatine, plus clinically researched CLA shown to bring mandate lean muscle mass.* Regarding the effects are enzymes with proven bioactivity to help breakdown and digest protein, carbohydrates and fats, which may help achieve muscle protein balance.* It's this distinct combination of full-enhancing, energy-initiating and supporting factors that sparks mass and muscle growth and fuels the ultimate workout.* When used in conjunction with a resistance training program.*

*As an 8-week study of healthy males performing resistance training, subjects taking this product's module of 30g whey protein and 6.2g lactic dairy demonstrated significant improvement in muscle strength and muscle size as compared to those performing the same training program and taking a placebo (a product containing 30g whey protein and resistance training protocol). The same anabolic module was shown to stimulate muscle protein synthesis and muscle growth in a study of 8 weeks of resistance training compared to two sets of the same amount of training without supplementation.

Get Ultra Hardcore Results with Four of the Leading Sports Innovations Proven to Deliver Extreme Muscle!

The most advanced, ultra hardcore sports formulas available anywhere are now offered together in an ultimate performance stack with mind-blowing savings plus two limited edition free gifts! Only available while supplies last!

Whether you are an experienced bodybuilder looking to bulk and cut your way to the ultimate chiseled physique, or a novice bodybuilder looking for outrageous gains in the fastest amount of time, then the **Ultra Hardcore Muscle Stack** is for you.

Beyond RAW™ products are specifically engineered for those hardcore athletes who put their bodies through hell in the training in the gym and expect substantial gains from their supplements. No need to look elsewhere for your workout needs as this stack covers it all from astounding muscle pumps to recovery products delivering maximum gains.

This stack includes FULL SIZE versions of **Ravage, Refine, Re-Built Mass** and **Re-Forge** as well as a free moisture-wicking **Beyond RAW™** Hardcore T-Shirt, **Beyond Raw'** Blender Bottle and Supplementation Guide.

Visit us online at www.getbeyondraw.com to learn more and read about how other hardcore athletes are talking about their physique transformations from **Beyond RAW™**.

It's Time To Go Beyond Hardcore with Beyond RAW™.

EMAD
KEEP OUT OF
REACH OF CHILDREN
Store in a cool, dry place.
For more information
1-888-462-8648

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

FPO

ULTRA HARDCORE RAW STACK™

THE MOST ADVANCED ULTRA HARDCORE FORMULAS

DIETARY SUPPLEMENT

INCLUDES **4 FULL-SIZE** PRODUCTS

+ POWERFUL, SUPER **CONCENTRATED VASODILATOR** FOR ASTOUNDING **PRE-TRAINING MUSCLE PUMPS, EXPLOSIVE POWER AND STUNNING MUSCULARITY***
+ **POWERFUL THERMOGENIC AGENT** TRIGGERS DRAMATIC PRE-TRAINING **CALORIC BURN***
+ POST-WORKOUT HYPER-MASS GAINER WITH **850 CALORIES, 60G OF PROTEIN AND 10G CREATINE COMPLEX** TO ENGORGE MUSCLES AND **INCREASE MASS***
+ **NIGHTTIME ANABOLIC AMPLIFIER** LOADED WITH POTENT INGREDIENTS*

FREE INSIDE: BONUS ITEMS! INCLUDES:

+ XL TRAINING SHIRT
+ BEYOND RAW' BLENDER BOTTLE
+ SUPPLEMENTATION GUIDE

OVER $35.00 VALUE INCLUDED

RE-FORGE

DIRECTIONS: As a dietary supplement, take the contents of one pack with water prior to bedtime.

Supplement Facts

Serving Size: Four Slow Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin B-6 as Pyridoxine Hydrochloride	4.84 mg	242%
Folic Acid	500 mcg	125%
Magnesium (as Magnesium Aspartate)	16.87 mg	4%
Zinc (as Amino Acid Chelate)	15 mg	100%
Selenium (Selenium Dioxide)	70 mcg	100%

Anabolic Initiation System
Fenugreek Seed Extract (Trigonella foenum-graecum), GABA (gamma-aminobutyric acid), Tribulus Terrestris Extract (Fruit/Seed), Tribulus Terrestris Oat Straw Powder (Aerial Parts), Pygeum Bark Extract (Pygeum africanum)

Anabolic Metabolizer Blend 400 mg
Coenzyme Q-10, Panax ginseng Root Extract, Quercetin Dihydrate, Ginkgo Biloba Leaf Extract, Ginkgo Biloba Extract, Ginkgo Biloba (Ginkgo biloba) Leaf Extract, Cordyceps Sinensis Extract, Maitake Mushroom Extract (Grifola frondosa)

Vasc-Boost System 390 mg
Micronized L-Arginine, RevUltra® trans-Resveratrol, Horny Goat Weed Extract (Epimedium sp.), Red Beet Root Juice Powder (Tunnera diffusa), Maca Root Powder (Lepidium meyenii)

Daily Value not established.

OTHER INGREDIENTS: Calcium Carbonate, Gelatin, Dicalcium Phosphate, Cellulose Gum, Titanium Dioxide, FD&C Blue #1, FD&C Red #40, Sucralose.

NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified health care professional before using this product if you have, or your family has a history of, high blood pressure, stroke, diabetes, cancer, liver, kidney, or other disorders. If you are taking any other dietary supplement, prescription drug, or over-the-counter drug, do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth, mood swings, depression, irritability, and/or other hormonal imbalances. Discontinue use and consult a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, palpitations, chest pain, or other similar symptoms. To report any adverse reactions, call 1-888-462-8648.

Beyond RAW™ Re-Forge, the first product in the kind specifically designed to feed rock hard muscles with a potent surge of anabolic growth factors and hormones. Beyond RAW™ Re-Forge's anabolic initiation breakthrough clinically studied, revolutionary ingredients, **Re-Forge** sends an undeniable rush to trigger key anabolic factors, hormones and neurotransmitters. Beyond RAW™ Re-Forge's advanced three-for-engorging muscle pumps! The elevated anabolic levels prime the most sought after muscular reactions that include the Anabolic Bandits and Anabolic Protectors. Beyond RAW™ Re-Forge's anabolic amplifier is the ultimate formula for your muscles as your fuel for peak athletic performance.

NO WASTED MOVEMENT, NO WASTED MUSCLE

Re-Forge combines advanced nutrients and clinically studied ingredients that help boost protein synthesis, metabolism fatty acids, produce cellular energy (ATP) and support the production of key hormones, as well as support an Anabolic Initiation System and support for muscle and nerve function.*

RevUltra® is a trademark of DSM.

TRAIN HARDER TO MAXIMIZE GROWTH. BREAK THROUGH PHYSIOLOGICAL BARRIERS.

+ **ULTRA HARDCORE ANABOLIC PRIMER** WITH POTENT INGREDIENTS*
+ DRAMATICALLY FUELS **ROCK HARD MUSCLES** WITH **SUPERIOR ANABOLIC ACTIVATORS***
+ LOADED WITH **CLINICALLY STUDIED** ANABOLIC POTENTIATORS TO **COMBAT UNWANTED CATABOLIC EFFECTS***
+ **ALSO-ACTIVATES THE ANABOLIC EXTREME VACUSCULARITY DURING** AND AFTER INTENSE TRAINING

RAVAGE FRUIT PUNCH

DIRECTIONS: As a dietary supplement, mix one scoop (26 grams) with 12 to 16 fl. oz. of water. Consume one serving 30 to 60 minutes before exercise. Only one ultra-concentrated scoop is needed.

Supplement Facts

Serving Size: One Scoop (26 g)
Servings Per Container 20

Amount Per Serving		% Daily Value
Calories	15	
Calories from Fat	5	
Total Fat	0.5 g	1%†
Total Carbohydrate	2 g	
Sugars	1 g	
Sodium	30 mg	1%†

Vasc-Boost Complex
Calcium 185 mg 19%
Chloride 166 mg 5%
(as Sodium Chloride & Potassium Chloride)
Sodium (as Sodium Chloride) 80 mg 3%
Potassium (as Potassium Chloride) 80 mg 2%
Arabolic Muscle Blend 5.5 g
Betaine Anhydrous, Micronized L-Leucine, Fenugreek Extract (Trigonella foenum-graecum)(Seed), Tribulus Terrestris Extract Powder, Saw Palmetto Extract (Serenoa repens), Tribulus Terrestris Powder (Pikuwysiska yohmbe)(bark), Wild Yam Powder

Muscle Buffering System 3.5 g
Micronized Carnosyn® Beta-Alanine, Astaxanthin

N.O. Vasodilation Amplifier 2.5 g
Micronized L-Arginine, Citrulline Malate, RevUltra® trans-Resveratrol, Horny Goat Weed Extract (Epimedium sp.), Red Beet Root Juice Powder (standardized for betanin), Hematococcus Pluvialis Extract

ATP Optimizing Creatine Module 10 g
Micronized Creatine Monohydrate, Creatine Citrate, Creatine Ethyl Ester HCl, Creatine AKG, Creatine HCl, Micronized Guanidinoacetate, Micronized AKG, Micronized L-Arginine, Micronized L-Glycine, Micronized L-Methionine

Thermo Energy Intensifier 600.3 mg
L-Taurine, Caffeine Blend (Methylxanthine Caffeine, Piperine Beadlets Caffeine Anhydrous, Guarana Seed Extract, Yerba Mate Leaf Extract), L-Phenylalanine, Capsimax™ Capsicum Fruit Powder (Capsicum annuum)(Pungent)(standardized for capsaicinoids), Cocoa Powder

† Daily Value not established.

OTHER INGREDIENTS: Malic Acid and Artificial Flavors, Citric Acid, Malic Acid, Lecithin, Calcium Silicate, Silicon Dioxide, Tartaric Acid, Sucralose, Acesulfame Potassium, Soy Lecithin.

CONTAINS: Soybeans.

Each serving delivers 200 mg of caffeine.

WARNING: For adult use only. Use only as directed. Do not exceed recommended daily intake. Do not use if you are pregnant or nursing. Consult a physician prior to use if you have a medical condition, consult a physician before using this product. Discontinue use two weeks prior to surgery.

Capsimax™ trademark belongs to OmniActive Technologies.

Uses of Beta-Alanine are licensed from Carnosyn™ Patents owned by Natural Alternatives, Inc. under U.S. Patents 5,965,596; 6,172,298; and 6,406,267.

RevUltra® is a trademark of DSM.

HARNESS THE POWER OF RAVAGE, THE VISIONARY PRE-WORKOUT FUSION – ONLY ONE SCOOP NECESSARY.

+ POWERFUL, SUPER **CONCENTRATED VASODILATOR** FOR ASTOUNDING **MUSCLE PUMPS AND EXPLOSIVE POWER***
+ BREAKTHROUGH **NITRIC OXIDE ANABOLIC STACK** **STIMULATES TRAINING INTENSITY** DRIVING ROCK HARD **MUSCLE GAINS***
+ **FUELS MUSCLE** VOLUMIZING WORKOUTS TO DELIVER STUNNING **MUSCULARITY AND STRENGTH***
+ **INTENSIFY FATIGUE BUFFERS AND MUSCLE INTENSITY PUMPS** FOR SUPERIOR ATHLETIC PERFORMANCE*

If you want to attain the ultimate in physique enhancement and athletic performance, you need a systematic plan of attack for success and results. Ravage is the key to your success. Ravage is a revolutionary pre-training, high-intensity explosion loaded with critical ingredients that fuel the most explosive workouts that produce unmistakable muscularity while triggering key anabolic factors in your body.* Within minutes of taking Ravage, you will experience the blitz of ingredients designed to deliver the ultimate pump, rock hard muscles, machine like bare-knuckle intensity, vascularity, muscle hardness and sustained energy.*

SPECTACULAR MUSCLE PUMPS, MESMERIZING STRENGTH, BLAZOR SHARP FOCUS. Beyond RAW™ Ravage is a cutting-edge, high-intensity formula that combines a N.O. Vasodilation Amplifier, Muscle Buffering System, Anabolic Factors and powerful Thermogenic Intensifier to deliver unmatched muscle pumps, unmatched energy, and an environment that fuels explosive workouts.* Optimizing Creatine Module to ramp up production of ATP and deliver explosive muscle power and strength, while increasing the anabolic factors that are critical to the growth and development of muscle.* Do not wait for the effects of the Muscle Buffering System that activates an anabolic environment and fuels the muscle with the critical ingredients, Carnosyn® Beta-Alanine, a cascade of metabolic intensifiers that ignite muscle blood flow and fatty acid metabolism to intensify your neural drive, so you can shatter your previous workout records and fuel the ultimate in explosive workouts, development of muscularity and dominating athletic performance.

REFINE

DIRECTIONS: As a dietary supplement, take three capsules 30 to 60 minutes before exercise once per day.

Supplement Facts

Serving Size: Three Red Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin B-1 (as Thiamine Mononitrate)	15 mg	1000%
Vitamin B-6 (as Pyridoxine Hydrochloride)	4.84 mg	242%
Folate (as Folic Acid)	10 mcg	100%
Magnesium (as Magnesium Aspartate)	16.87 mg	4%
Zinc (as Amino Acid Chelate)	15 mg	100%
Calcium (as Calcium Pantothenate)	10 mg	1%
Sodium (as Sodium Chloride)	185 mg	8%
Potassium (as Potassium Chloride)	100 mg	3%
Chromium (as Chromium Chloride)	50 mcg	42%

Thermo Surge
Quercetin Dihydrate, Ginger Root Extract (Zingiber officinale), Schisandra Fruit Extract (Schisandra chinensis), Bitter Orange Extract (Citrus unshiu), Grape Skin Extract (Vitis vinifera), Yerba Mate Leaf Extract (Ilex paraguariensis), Green Tea Leaf Extract (Camellia sinensis), Dill Weed Extract (Anethum graveolens)

Herbal Anabolic Potentiator 350 mg
Fenugreek Seed Extract (Trigonella foenum-graecum), Rhodiola rosea Root Extract, Vohimbe Bark Extract (Pausinystalia yohimbe)

Thermo Energy Intensifier 328.34 mg
Caffeine Blend (Methylxanthine Caffeine, Piperine Beadlets Caffeine Anhydrous), Guarana Seed Extract (Capsicum annuum), Bioperine® Black Pepper Fruit Extract (Capsicum annuum), Capsimax™ Capsicum Fruit Powder (Capsicum annuum)(Pungent)

Muscle Stimulant Blend 250 mg
Micronized L-Tyrosine, Rhodiola Root Extract, Cactus Leaf Extract, Bitter Orange Extract, Green Tea Leaf Powder (Camellia sinensis), Micronized D-Aspartic-L-Cysteine, D-Glucosamine, L-Taurine, Micronized L-Glycine, Green Tea Leaf Extract (Camellia sinensis)

N.O. Regulator 125 mg
Carnosyn® Beta-Alanine, RevUltra® trans-Resveratrol

† Daily Value not established.

OTHER INGREDIENTS: Gelatin, Cellulose, Titanium Dioxide (Natural Red #4), Silicon Dioxide, Stearic Acid, Red #40, Blue #1.

Each serving supplies 200 mg of caffeine.

WARNING: For adult use only. Use only as directed. Do not exceed recommended daily intake. Do not use if you are pregnant or nursing. Consult a physician prior to use if you have a medical condition, consult a physician before using this product. Discontinue use two weeks prior to surgery.

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RevUltra® is a trademark of DSM.

FUEL MIND-BLOWING, HARDCORE TRAINING TO DRIVE ULTRA-INSPIRED MUSCULARITY & MENTAL INTENSITY.

+ **POWERFUL THERMOGENIC AGENTS** TRIGGER DRAMATIC PRE-TRAINING **CALORIC BURN***
+ POTENT THERMOGENIC FORMULA FOR **RAPID RUSH** AND FATTY ACID **METABOLISM***
+ FUELS **EXTREME PHYSIQUE REPARTITIONING** WORKOUTS AND PROMOTES **ANABOLIC DRIVE***
+ **HARDCORE METABOLIC STACK** PROVIDES **ELEVATED INTENSITY AND IGNITES METABOLISM***

The intense, focused training you demand to reach your peak potential places incredible stresses on your body. To transform your physique and perform at the highest level possible, you need to supply your body with a dynamic spectrum of nutrients and metabolic activators to drive the ultimate in explosive fatty acid metabolism and support recovery.* **Beyond RAW™ Refine** is designed specifically to provide the fuel you need to ignite your metabolism.* This revolutionary formula is loaded with a precise array of elements that dramatically transforms your body into a dynamic calorie burning machine.

Magnify Muscle Energy. Crash Free Radicals. Intensify Mental Focus and Drive.

Beyond RAW™ Refine loads your system with a powerful array of critical ingredients that fuel a triad of critical signals needed to magnify your performance: energy, endurance and mental intensity.* It also adds a combination of multi-source polyphenols and a high efficiency muscle pill buffer to stave off free radical damage and stimulate key fatpose-controlling factors.* By combining these three critical ingredients with powerful antioxidants and a powerful thermogenic (Magnifier blend), **Beyond RAW™ Refine** is the most complete product on the market for dramatically increasing anabolic drive and muscle protection and igniting a rapid rush for super-charged workouts.*

RAVAGE
NET WT 18.31 OZ (1.14 LB) 520 G

REFINE
90 CAPSULES

RE-BUILT MASS
NET WT 6 LB (96 OZ) 2727 G

RE-FORGE
30 PACKS

THE MOST ADVANCED, ULTRA HARDCORE SPORTS FORMULAS AVAILABLE ANYWHERE