

Primal Defense® is a natural blend of 12 species of probiotics and Homeostatic® Soil Organisms (HSOs), utilizing the Poten-Zyme® process and delivered within a whole food matrix. The HSO probiotic blend in **Primal Defense** helps support normal gastrointestinal balance of good and potentially harmful bacteria to help maintain a balanced, healthy internal environment, and maximizes the benefits of a healthy diet by supporting normal absorption and assimilation of nutrients in the gut.[†]

Primal Defense is created using the following probiotic species or their enzymes:

<i>Lactobacillus acidophilus</i>	<i>Lactobacillus casei</i>	<i>Bifidobacterium longum</i>
<i>Lactobacillus rhamnosus</i>	<i>Lactobacillus brevis</i>	<i>Bacillus subtilis</i>
<i>Lactobacillus salivarius</i>	<i>Bifidobacterium bifidum</i>	<i>Saccharomyces boulardii</i>
<i>Lactobacillus plantarum</i>	<i>Bifidobacterium breve</i>	
<i>Lactobacillus paracasei</i>	<i>Bifidobacterium lactis</i>	

Suggested Use: Adults take 1 caplet 3 times per day with 8 ounces of water or juice. Best taken on an empty stomach. Begin with 1 caplet per day and gradually increase to suggested amount. Product not intended for children.

Caution: As with any dietary supplement consult your healthcare practitioner before using this product, especially if you are pregnant, nursing or under medical supervision.

Warning: If you are currently undergoing HIV treatment, chemotherapy, or allograft therapy, do not use before consulting your physician.

Store in a cool, dry place. Contains no artificial colors or preservatives. Vegetarian. Gluten Free.

This product is made with natural ingredients; therefore color may vary from lot to lot.

Do not use if safety seal is broken or missing.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call your doctor or poison control center immediately.



Our company purchases Green-e certified renewable energy for all of the electricity needs for our company headquarters and distribution center.

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Primal Defense®

HSO Probiotic Formula

45 Caplets Whole Food Dietary Supplement

Supplement Facts

Serving Size 1 Caplet
Servings Per Container 45

	Amount per Serving	% Daily Value *
Total Calories	0	
Total Fat	0g	0%
Sodium	5mg	<1%
Protein	<1g	2%
Calcium	38mg	4%
Iron (from Ionic Plant Based Minerals)	2.3mg	13%
Proprietary HSO Probiotic Blend	610mg	+
<i>Barley Grass[†], Cat Grass[†]</i>		
<i>Lactobacillus plantarum, Lactobacillus rhamnosus, Bifidobacterium breve, Lactobacillus casei, Lactobacillus salivarius, Lactobacillus acidophilus, Lactobacillus paracasei, Bifidobacterium longum, Bifidobacterium lactis, Bifidobacterium bifidum, Bacillus subtilis, Lactobacillus brevis</i>		
Ionic Plant Based Minerals	285mg	+

* Percent Daily Values Based on 2,000 calorie diet.

+ Daily Value not established

Other ingredients: Calcium carbonate, sodium croscarmellose silica, magnesium stearate (vegetable source), rice maltodextrin, vegetable coating, bacterial proteases, probiotic cultures.

The culture medium for probiotics is dairy; bacterial proteases utilize wheat, dairy and soy. Culture mediums are generally consumed during the fermentation process.

[†] Produced using the Poten-Zyme® Process.

Distributed by **Garden of Life, Inc.**

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