Perfect Food® Super Green Formula has more greens per serving than other green food supplement formulas. Made with vegetable, sprout and organic cereal grass ingredients, one serving is equivalent to 140 grams of fresh grass juice to ensure your body receives the nutritional benefits of multiple servings of fruit and vegetables every day.† ***Perfect Food® Super Green Formula*** supplement contains 10 probiotic strains, delivering a one billion cell count‡ per daily serving to support digestive health, and spirulina to support healthy immune function.† An excellent source of natural vitamin A in the form of beta-carotene and natural vitamin C, ***Perfect Food®*** is great for those who are unable to eat enough green foods. Select ingredients are produced through the Garden of Life proprietary Poten-Zyme® fermentation process to make the nutrients more available to the body.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.
Store in a cool, dry place.
Do not use if safety seal is broken or missing.
Keep out of reach of children.
Contains no apple fiber, rice flour, artificial colors or preservatives. Vegetarian.
This product is made with natural ingredients, therefore color may vary from lot to lot.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by **Garden of Life LLC**
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West Palm Beach, FL 33407 USA
Made in the U.S.A.
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Garden of Life®

MORE GREENS PER SERVING!

Perfect Food®

Super Green Formula

45 Phytonutrient-Dense Superfoods†
12 Sprouted Ingredients
Fermented Whole Food Ingredients
Made with Young Cereal Grass Juices

Net Wt. 4.94 oz (140 g)

Whole Food Dietary Supplement

Suggested Use: Adults: mix 1 level scoop (approx. 2 tbsp) in 8 ounces of water or juice 1 (or more) times per day. Begin with 1/4 serving size for the first few days, gradually working up to full serving size. Not intended for children. Scoop included. Packaged by weight not by volume. Settling may occur.

Supplement Facts

Serving Size 1 level Scoop (Approx. 2 tbsp. or 10g)
Servings Per Container Approximately 14

Amount Per Serving		% Daily Value*
Calories	30	
Calories From Fat	5	
Total Fat	1 g	2%
Total Carbohydrate	4 g	1%
Dietary Fiber	1 g	4%
Sugars	1 g	†
Protein	3 g	6%
Vitamin A (as beta-carotene)	8,000 IU	160%
Vitamin C	60 mg	100%
Calcium	100 mg	10%
Iron	3 mg	17%
Sodium	55 mg	2%
Potassium	350 mg	10%
Perfect Green Juice Blend	5,000 mg	†
Barley Grass Juice*, Alfalfa Grass Juice*, Wheat Grass Juice*, Oat Grass Juice*		
Perfect Protein-Mineral Blend	3,300 mg	†
Spirulina, Rice Bran Solubles, Chlorella, Calcified Red Algae, Kelp		
Poten-Zyme® Whole Food Matrix	1,200 mg	†
Barley Grass*, Oat Grass*, Wheat Grass*, Alfalfa Grass*, Amaranth Sprout, Quinoa Sprout, Millet Sprout, Buckwheat Sprout*, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Flax Seed Sprout*, Sunflower Seed Sprout, Pumpkin Seed Sprout*, Chia Seed Sprout, Sesame Seed Sprout*		
Acerola Cherry Extract (Fruit)	300 mg	†
Perfect Veggie Juice Blend	200 mg	†
Alfalfa* (Sprout), Beet* (Root), Carrot* (Root), Broccoli* (Flower & Stem), Tomato* (Fruit), Cucumber* (Gourd), Kale* (Leaf), Spinach* (Leaf), Parsley* (Leaf), Green Cabbage* (Leaf), Celery* (Stalk), Cauliflower* (Flower & Stem), Bell Pepper* (Fruit), Asparagus* (Flower & Stem), Brussels Sprout* (Leaf), Onion* (Bulb), Garlic* (Bulb), Ginger* (Root)		
Probiotic Blend (1 Billion CFU)‡	7 mg	†
Lactobacillus plantarum, Bifidobacterium longum, Bifidobacterium lactis, Bifidobacterium bifidum, Lactobacillus rhamnosus, Bifidobacterium breve, Lactobacillus paracasei, Lactobacillus casei, Lactobacillus salivarius, Lactobacillus acidophilus		

Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Stevia, rice maltodextrin (carrier for probiotics), magnesium stearate (vegetable source). Probiotics are cultured in dairy, which is generally consumed during the fermentation process.

*Organic
‡CFU count per serving at time of manufacture