

USAGE: Take 4 capsules per day or as directed by your qualified healthcare professional.

NOTE: DO NOT use if allergic to shellfish. If you have a medical condition (especially kidney dysfunction), are pregnant, lactating, trying to conceive, or taking medications, consult your healthcare professional before using this product.

Glucosamine + Chondroitin + MSM Combination provides efficacious quantities of glucosamine sulfate, chondroitin sulfate, and MSM combined with vitamin C and manganese for optimizing joint health.*

Glucosamine and chondroitin sulfate are fundamental components of joint tissue involved in the production of hyaluronic acid, which is an important component of the synovial fluid that lubricates the joints, and a major component of the connective tissue in the skin.*

Methylsulfonylmethane (MSM) is an organic source of sulfur, an antioxidant mineral and critical component of structural body tissues such as cartilage. The sulfur from MSM is incorporated into joint tissues as glycosaminoglycans (or mucopolysaccharides) such as chondroitin sulfate and hyaluronic acid.*

Vitamin C and manganese are required for the synthesis of collagen and cartilage.*

Jarrow Formulas® Glucosamine + Chondroitin + MSM Combination is Joint Sustain® nutrition, providing a SODIUM FREE form of glucosamine sulfate stabilized with only potassium chloride (KCl).

For best results, use with **Jarrow Formulas® JarroSil®**, the biologically **Activated Silicon®**.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

Jarrow
FORMULAS®

with Manganese and Vitamin C

+ Glucosamine + Chondroitin + MSM Combination

Supports Joint Health*

120
CAPSULES **DIETARY**
SUPPLEMENT

Supplement Facts

Serving Size 4 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	60 mg	100%
Manganese (as manganese gluconate)	1 mg	50%
Glucosamine Sulfate (from 2000 mg glucosamine sulfate • 2 KCl)	1500 mg	*
Potassium Chloride (from 2000 mg glucosamine sulfate • 2 KCl)	500 mg	*
Chondroitin Sulfate (from 1440 mg chondroitin sulfate sodium)	1200 mg	*
Methylsulfonylmethane	300 mg	*

* Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide and cellulose. Capsule consists of gelatin.

Contains: Shellfish (shrimp).

No wheat, no gluten, no soybeans, no dairy, no egg, no fish, no peanuts/tree nuts.

Distributed Exclusively by:
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Superior Nutrition and FormulationSM
P.O. Box 35994
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