

**Directions:** Take two capsules with at least 8 fl oz of water (or clear beverage) shortly before each meal. Alternately, you may mix the contents of two capsules with 8 fl oz of water (or beverage) and drink. For best results increase water consumption throughout the day.

**Caution:** Consult your physician prior to using this product if you are pregnant, nursing, or have any pre-existing medical conditions.

**Note:** The color, taste and texture of this product may vary due to its natural ingredients and/or seasonal changes.

- Keep out of reach of children.
- Protect from heat, light, and moisture.
- Store at 59-86°F (15-30°C).
- Do not purchase if seal is broken.

Made in the USA

Distributed by: Goldshield  
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[www.goldshieldusa.com](http://www.goldshieldusa.com)

Item #101814

*M*Thermo-Lift™  
*Millennium*  
**FiberSLEND**

Weight Management  
Support with

  
LuraLean™\*\*

Dietary Supplement  
120 Capsules

## Supplement Facts

Serving size: 2 capsules    Servings per container: 60

	Amount Per Serving	% Daily Value
Calories	0	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
High-viscosity glucomannan (LuraLean™)	1,000 mg	†
Proprietary blend:		
Green tea leaf, cinnamon twig and galangal root extracts	100 mg*	†

† Daily value not established.

\* Percent values are based on 2,000 calorie diet.

Other ingredients: Gelatin (capsule shell), cellulose, magnesium stearate and silica.

\*\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.