

SUGGESTED USE

Add 1 serving (1 scoop) to 8-12 oz. of cold water or your favorite beverage or recipe.

KOS® ENERGIZING BLUE SPIRULINA BLEND

Hey, sometimes having the blues is a good thing. Take Blue Spirulina, for instance. It has all the subaqueous, billion-years-in-the-making mojo of its green counterpart and none of the mild "King Neptune's Man-Cave" essence of algae. Electric Blue - it's totally you.

AWESOME INGREDIENTS, POWERED BY NATURE

At KOS® we believe in the power of balance and simplicity - fuel for your journey.

Keep out of reach of children. Consult with your health practitioner before use if you are pregnant or nursing. Store in a cool, dry place. Do not use if safety seal is broken or missing. Packaged by weight, not volume. Settling may occur. Made in a facility that may also process eggs, tree nuts, sesame, peanuts, fish, crustaceans, shellfish, and wheat products.

To learn more about KOS® Energizing Blue Spirulina Blend and our other amazing products visit us at [kos.com](https://www.kos.com)

^ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MX-BSE01 V1.1

Plant-Based · Organic · Digestive Properties^ · Improves Focus^ ·

NATURE-POWERED

KOS

BOLT FROM THE BLUE

ENERGIZING BLUE SPIRULINA BLEND

ELECTRIC
BOOSTBERRY
FLAVORED

DIETARY SUPPLEMENT

Net Wt. 7.8 oz / 221 g

Energizing^ · Detox Properties^ · Immune Support^ ·

I'm BLUE
DABBA DEE
dABBA DA!

Supplement Facts

Serving Size 1 Scoop
Servings Per Container About 28

Amount Per Scoop (7.9g)	% DV*
Calories 20	
Total Carbohydrate 7g	3%
Dietary Fiber 5g	18%
Total Sugars 1g	†
Includes 1g Added Sugars	2%
Folate 20mcg DFE	5%
Biotin 30mcg	100%
Sodium 5mg	<1%

KOS® Blue Energy and Focus Blend 995mg[†]
Organic Ashwagandha (root), Organic Panax Ginseng Extract (root), Organic Blue Spirulina, Organic PANMOL® B-Complex (Organic Quinoa Sprout), Organic Rhodiola Rosea (root), PurCaf® Organic Caffeine (from organic green coffee beans), Organic Cordyceps Mushroom, Organic Lion's Mane Mushroom, Organic Blueberry (fruit).

* % Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Organic VitaFiber™ (isomaltooligosaccharide), Organic Coconut Sugar, Organic Blue Raspberry Flavor, Malic Acid, Organic Stevia Extract, Organic Monk Fruit Extract.

Contains Tree Nuts (Coconuts).



Distributed by KOS Inc.

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Certified Organic by CCOF

Made in the USA. Foods grown in the USA and other countries.