

SUGGESTED USE

Add 1 serving (1 scoop) to 8-12 oz. of cold water or your favorite beverage or recipe.

KOS® CALMING BLUE SPIRULINA BLEND

Picasso had his Blue Period. Don't you deserve one too? Imagine yourself adrift in an azure limbo, floating among the clouds, a feather borne on fragrant springtime breezes. Your mind wanders to an elysian field of wildflowers, where -- uh, hello? You still there? Hey. HEY. Snap out of it! You're gonna knock something over!

AWESOME INGREDIENTS, POWERED BY NATURE

At KOS® we believe in the power of balance and simplicity -- fuel for your journey.

Keep out of reach of children. Consult with your health practitioner before use if you are pregnant or nursing. Store in a cool, dry place. Do not use if safety seal is broken or missing. Packaged by weight, not volume. Settling may occur. Made in a facility that may also process eggs, tree nuts, sesame, peanuts, fish, crustaceans, shellfish, and wheat products.

To learn more about KOS® Calming Blue Spirulina Blend and our other amazing products visit us at [kos.com](https://www.kos.com)

[^] This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MX-BSC01 V1.1

Plant-Based • Organic • Stress Relief Properties[^]



NATURE-POWERED

KOS

KISS YOUR BLUES AWAY

CALMING BLUE SPIRULINA BLEND

BERRY COCONUT
COOLER
FLAVORED

DIETARY SUPPLEMENT

Net Wt. 8.78 oz / 249 g

Calming & Relaxing Properties[^] • Immune Support[^]



Supplement Facts

Serving Size 1 Scoop
Servings Per Container About 28

Amount Per Scoop (8.9g)	% DV [*]
Calories 25	
Total Carbohydrate 8g	3%
Dietary Fiber 5g	18%
Total Sugars 2g	†
Includes 2g Added Sugars	4%
Folate 20mcg DFE	5%
Biotin 30mcg	100%
Sodium 10mg	<1%

KOS® Calm and Relax Blend 1g[†]

Organic Blue Spirulina, Organic Ashwagandha (root), Organic Red Reishi Mushroom, Organic PANMOL® B-Complex, Organic Lemon Balm (leaf), Organic Passion Flower Extract (aerial), Organic Blueberry (fruit).

^{*} % Daily Values are based on a 2,000 calorie diet.
[†] Daily Value not established.

Other Ingredients: Organic VitaFiber™ (isomaltooligosaccharide), Organic Coconut Sugar, Organic Blackberry Flavor, Malic Acid, Organic Coconut Flavor, Organic Monk Fruit Extract.
Contains Tree Nuts (Coconuts).



Distributed by KOS Inc.
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Certified Organic by CCOF
Made in the USA. Foods grown in the USA and other countries.