



MENTAL
CLARITY[†]



STRESS[†]



SLEEP[†]



ENERGY[†]

ANCIENT
NUTRITION

MULTI COLLAGEN

Brain Boost[†]

*Promotes mental clarity
and concentration[†]*

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TYPES OF
COLLAGEN

WHOLE FOOD DIETARY SUPPLEMENT | 90 CAPSULES

Suggested Use: Adults take 3 capsules per day.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Multi Collagen Complex	1 g	+
Hydrolyzed Bovine Hide Collagen Peptides, Fermented Eggshell Membrane Collagen, Chicken Bone Broth Protein Concentrate, Hydrolyzed Fish Collagen Peptides.		
Brain Boost[†] Blend	305 mg	+
Organic Ashwagandha Root and Leaf Extract, Organic Lion's Mane Extract, Organic Fermented Ashwagandha Root, Organic Fermented Ginkgo Leaves, Organic Fermented Bacopa Brahma Leaves.		
+ Daily Value (DV) not established.		

Other ingredients: Bovine gelatin, organic *Copernicia cerifera* wax.

CONTAINS: Egg, Fish (Haddock, Cod, Pollock).

WARNING: If you are pregnant, nursing, allergic, have a medical condition, or taking any medications, consult a doctor before using this or any other dietary supplement. Do not use if inner safety seal is broken or missing.

Keep out of reach of children.

Color and odor may vary from lot to lot. Store in a cool, dry place.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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Manufactured for:



Ancient Nutrition, LLC
415 Duke Drive
Suite 380
Franklin, TN 37067

www.AncientNutrition.com



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