

BODYBUILDING.COM SIGNATURE™

We created our Signature line of products because we believe it shouldn't be a workout to get the highest quality supplements without paying the highest prices. As a trusted fitness brand, we've been delivering top-quality products to aid your fitness journey for over two decades. We don't take shortcuts and we don't make excuses, so you can trust that every Signature supplement is filler-free and formulated with effective doses of research-backed ingredients. Bottom line: We're crushing it so you can go crush your personal goals.

TRANSPARENT DISCLOSURE

Know exactly what and how much of it you're putting in your body. No guessing, no hiding, no excuses.

EFFECTIVE DOSES

We start with the highest quality ingredients and we use them in the precise amounts to get the most effective results.

TRUSTED INGREDIENTS

Proven in the gym to help achieve goals? Absolutely. Supported and sustained by research? Without a doubt.

DIRECTIONS FOR USE: Mix one scoop with 6 ounces of water, milk, fruit juice, or your favorite beverage. To modify the consistency of your protein, increase or decrease the liquid level to your liking.

NOTICE: Use this product as a food supplement only.

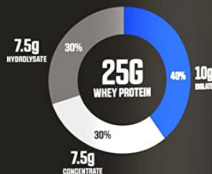
Do not use for weight reduction.



* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Contents may settle. Packed by weight, not by volume.



25g
PROTEIN

5.5g
BCAAs

100mg
DIGESTIVE
ENZYMES

130
CALORIES

67

SERVINGS

Net Wt. 5lbs. (2.27kg)

100% WHEY

WHEY ISOLATE BLEND + DIGESTIVE ENZYMES
SUPPORTS MUSCLE RECOVERY & GROWTH*

OATMEAL COOKIE

ARTIFICIALLY FLAVORED
GLUTEN AND SOY FREE



Nutrition Facts

About 67 servings per container

Serving size 1 Scoop (34g)

Amount Per Serving		% Daily Value*
Calories	130	
Total Fat 2g		3%
Saturated Fat 1g		5%
Trans Fat 0g		
Cholesterol 50mg		17%
Sodium 210mg		9%
Total Carbohydrate 2g		1%
Dietary Fiber 0g		0%
Total Sugars 1g		
Includes 0g Added Sugar		0%
Protein 25g		50%
Vitamin D 0mcg (4 IU)		0%
Calcium 130mg		10%
Iron 0.3mg		2%
Potassium 140mg		2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Whey Protein Hydrolysate), Natural and Artificial Flavors, Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sunflower Lecithin, Sucralose, Acesulfame Potassium, Ground Cinnamon, Lactase, ProHydrolase® (Proteases from Bacillus and Pineapple), Dipotassium Phosphate.

Contains Milk.

Made in a facility that processes soy, egg, and tree nuts.

Distributed By: Bodybuilding.com
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TYPICAL AMINO ACID PROFILE PER SERVING

Alanine	1235 mg
Arginine	684 mg
Aspartic Acid	2596 mg
Cystine	512 mg
Glutamine	4397 mg
Glycine	453 mg
Histidine	440 mg
Isoleucine	1418 mg
Leucine	2671 mg
Lysine	2344 mg
Methionine	566 mg
Phenylalanine	775 mg
Proline	1432 mg
Serine	1255 mg
Threonine	1718 mg
Tryptophan	414 mg
Tyrosine	719 mg
Valine	1444 mg
Total	25073 mg

Contains Bioengineered Ingredient