## **Trouble Sleeping?**

As we age and lead busier lives, our bodies produce less melatonin, the key ingredient we need to fall asleep and stay asleep. REMfresh\*, made with 99% ultrapure UltraMel® melatonin, helps support the body's own natural levels of melatonin for up to 7 hours.

## The REMfresh® Advantage

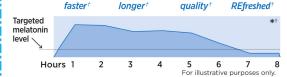
Fall asleep

Only REMfresh® has the breakthrough melatonin IPP® (Ion-Powered Pump®) technology that promotes continuous release and absorption, allowing you to sleep longer and wake up ready to conquer the day.

REMfresh 7 hour absorption, known as the MESA-WAVE\*, has been shown in a clinical trial.\*

Stav asleep | Improve sleep

Wake up



Suggested Usage: Take 1 caplet 30 to 90 minutes before intended bedtime. For extra support, take 2 caplets nightly. Do not exceed 5 caplets nightly. Intended for occasional sleeplessness.

## **Supplement Facts** Serving Size 1 Caplet Amount Per Serving %DV Melatonin (UltraMel®) 2 mg \*\*Daily Value (DV) not established

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CITRIC ACID. HYDROXYPROPYL METHYLCELLULOSE, MODIFIED CORNSTARCH, TALC, AND LESS THAN 2% OF MAGNESIUM STEARATE, SILICON DIOXIDE, TITANIUM DIOXIDE (COLOR), CELLULOSE GUM, DEXTROSE (FROM WHEAT), POLYVINYL ALCOHOL, CELLULOSE. POLYETHYLENE GLYCOL, BLUE 1 LAKE, MICA-BASED PEARLESCENT PIGMENT (COLOR), GLYCERIN, POLYSORBATE 80, YELLOW 5 LAKE, CONTAINS: WHEAT Manufactured for Nestlé HealthCare Nutrition, Inc., Bridgewater, NJ 08807 USA

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

long-term sleep difficulties

REMfresh

## **CLINICALLY TESTED\***

**Advanced Ion-Powered Melatonin®** 

RECOMMENDED

7 Hour Absorption\*

Fall Asleep Faster<sup>†</sup> Stay Asleep Longer\* Improve Sleep Quality Wake Up REfreshed

**DIETARY SUPPLEMENT**  2 mg UltraMel® Melatonin 12 CAPLETS

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TOLL FREE 1-866-554-7071

Société des Produits Nestlé S.A., Vevey,

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