

STRAINS MATTER™

Jarrow Formulas' Probiotics Contain
Clinically Documented Strains

GR-1®/RC-14® and VAGINAL FLORA (also called microbiota)

In one of the randomized clinical trials, 75% of women in the GR-1®/RC-14® probiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (non-probiotic) group experienced similar improvement.*



Martinez, et al. Can J Microbiol 2009;55:133-138

Box contains smaller, Activ-Vial™ moisture-controlled desiccant bottle for better stability of probiotic bacteria.

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Fem-Dophilus® contains two patented and clinically documented probiotic strains, *Lactocaseibacillus rhamnosus* GR-1®[‡] and *Limosilactobacillus reuteri* RC-14®[‡], discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1® and RC-14® to colonize and promote healthy vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus®** from stomach acid and enhances probiotic bacterial survival to the lower intestine.*

‡Updates based on official taxonomy reclassification.



WOMEN'S
fem dophilus®

VAGINAL/URINARY TRACT HEALTH*



25+ YEARS OF
RESEARCH/CLINICAL
STUDIES**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Proprietary Probiotic Blend	134 mg †† (1 Billion CFU\$)
<i>Lactocaseibacillus rhamnosus</i> GR-1®†	††
<i>Limosilactobacillus reuteri</i> RC-14®†	††
†† Daily Value (DV) not established.	

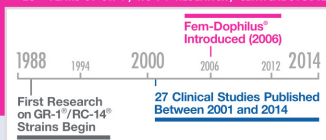
Other Ingredients: Maltodextrin (non-GMO source), vegetarian capsule (hydroxypropylmethylcellulose, titanium dioxide), cellulose and magnesium stearate (vegetable source).

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

Fem-Dophilus® does not require refrigeration and best to store in cool, dry place. Avoid storage at temperature above 77°F (25°C). Refrigeration, however extends shelf life.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

** 25+ YEARS OF GR-1®/RC-14® RESEARCH/CLINICAL STUDIES



Keep out of the reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

RC-14® and GR-1® are registered trademarks of Chr. Hansen A/S.

FREE OF MAJOR ALLERGENS
SUITABLE FOR VEGETARIANS/VEGANS

60
VEGGIE CAPS
ORAL PROBIOTIC SUPPLEMENT



Made in Denmark by Chr. Hansen A/S

Lot #. Best Used Before:

05121FEMS60 PROD # 103042



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