

GR-1®/RC-14® and VAGINAL FLORA (also called microbiota)

In one of the randomized clinical trials, 75% of women in the GR-1®/RC-14® probiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (non-probiotic) group experienced similar improvement.*



Martinez, et al. *Can J Microbiol* 2009;55:133-138
Box contains smaller, Activ-Vial™ moisture-controlled desiccant bottle for better stability of probiotic bacteria.

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Fem-Dophilus® contains two patented and clinically documented probiotic strains, *Lactobacillus rhamnosus* GR-1®† and *Limosilactobacillus reuteri* RC-14®‡, discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1® and RC-14® to colonize and promote healthy vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus®** from stomach acid and enhances probiotic bacterial survival to the lower intestine.*

‡Updates based on official taxonomy reclassification.

STRAINS MATTER™

Jarrow Formulas' Probiotics Contain Clinically Documented Strains

Jarrow
FORMULAS

WOMEN'S
fem dophilus®

VAGINAL/URINARY TRACT HEALTH*

25+
YEARS OF
RESEARCH/CLINICAL STUDIES**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Proprietary Probiotic Blend	134 mg †† (5 Billion CFUs)
<i>Lactobacillus rhamnosus</i> GR-1®†	††
<i>Limosilactobacillus reuteri</i> RC-14®‡	††

†† Daily Value (DV) not established.

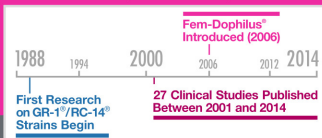
Other Ingredients: Maltodextrin (non-GMO source), vegetarian capsule (hydroxypropylmethylcellulose, titanium dioxide), cellulose and magnesium stearate (vegetable source).

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

Keep refrigerated.
Free of major allergens.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

** 25+ YEARS OF GR-1®/RC-14® RESEARCH/CLINICAL STUDIES



Keep out of the reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

RC-14® and GR-1® are registered trademarks of Chr. Hansen A/S.

PATENTED STRAINS
L. RHAMNOSUS GR-1® & L. REUTERI RC-14®

30
VEGGIE CAPS
ORAL PROBIOTIC SUPPLEMENT

§ Minimum 5 billion viable cells at time of consumption, under recommended storage conditions and within Best Used Before date.



APPROX.
FILL LINE

Made in Denmark by Chr. Hansen A/S

Lot #. Best Used Before:

05121FEM PROD # 103005



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