

**USAGE:** Take 2 capsules 3 times per day (for a total of 6) with meals to facilitate maximum absorption, or as directed by your qualified healthcare professional.

**NOTE:** Consult a healthcare professional before using this product if you are taking medications (especially anticoagulants [e.g. warfarin/Coumadin]), trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

**BoneUp®** is a comprehensive formula that provides StimuCal™ MicroCrystalline HydroxyApatite (MCHA) from free-range New Zealand calves and micronutrients to support bone health.\* StimuCal™ is a natural source of calcium shown to support bone mineral density better than calcium carbonate.\* StimuCal™ also provides bone proteins, including type I collagen. Vitamins D<sub>3</sub> and K<sub>2</sub> (as natural MK-7) work together to support calcium deposition into bones.\*

**HEALTH CLAIM:** Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.

Keep out of the reach of children.  
Store in a cool, dry place.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

StimuCal™ is a registered trademark of PharmaZen Ltd., and is patent pending.



Lot #. Best Used Before:

VALUE  
SIZE

Jarrow  
FORMULAS

1,000 MG  
OF CALCIUM  
PER DAY

BoneUp®

BONE-HEALTH SYSTEM



✔ Supports Bone Density\*

✔ Provides Skeletal Nutrition\*

StimuCal™  
WITH BONE STIMULATING PROTEIN

With Natural Sources of  
Vitamin K2 (MK-7) & Calcium (MCHA)

360 CAPSULES

DIETARY  
SUPPLEMENT

| Supplement Facts                                                       |                    |      |
|------------------------------------------------------------------------|--------------------|------|
| Serving Size 2 Capsules<br>Servings Per Container 180                  |                    |      |
|                                                                        | Amount Per Serving | % DV |
| Vitamin C (as Calcium Ascorbate)                                       | 66.7 mg            | 74%  |
| Vitamin D (as D <sub>3</sub> Cholecalciferol)                          | 8.3 mcg (333 IU)   | 42%  |
| Calcium ( <b>Elemental</b> )<br>(from Microcrystalline Hydroxyapatite) | 333.3 mg           | 26%  |
| Magnesium (as Magnesium Oxide)                                         | 166.7 mg           | 40%  |
| Zinc (as Zinc L-Methionine Sulfate)                                    | 3.3 mg             | 30%  |
| Copper (as Copper Gluconate)                                           | 0.333 mg           | 37%  |
| Manganese (as Manganese Citrate)                                       | 0.333 mg           | 14%  |
| Potassium (as Potassium Citrate)                                       | 33 mg              | 1%   |
| Vitamin K <sub>2</sub><br>(as Naturally Derived MK-7 [Menaquinone-7])  | 15 mcg             | †    |
| Boron (as Boron Citrate)                                               | 1 mg               | †    |
| † Daily Value (DV) not established.                                    |                    |      |

Other Ingredients: Cellulose, capsule (bovine gelatin [BSE free]), magnesium stearate (vegetable source) and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**  
Los Angeles, CA 90035-4317 • 1-866-459-4154

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Mineral amounts are elemental.

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03522BU360    PROD # 104805



APPROX.  
FILL LINE