

POSTNATAL OMEGA-3

Postnatal Omega-3 is specifically formulated to address the unique needs of new moms, offering EPA and vitamin D3 to support a positive mood and optimal wellness after childbirth.* This formula also includes 456 mg DHA to support maternal cognition and continued neurological development in nursing infants.*

Certified Sustainable | **Superior Absorption** | **No Fishy Aftertaste**

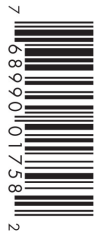
SUGGESTED USE: Two soft gels daily, with food, or as directed by your health care professional.

Store in a cool, dry place, away from sunlight. Do not take if tamper-evident seal is broken or missing. Keep out of reach of children.

Warning: Consult with your physician before taking this product if you have a known medical condition, are taking medications (including blood thinners), or if you are allergic to iodine.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Based on ClearCut, Nielsen, and SPINS annual sales data in the U.S. This product and its ingredients do not contain common GE genes or proteins. Visit igenprogram.com



American
Pregnancy
ASSOCIATION

OFFICIAL
OMEGA-3

POSTNATAL omega-3

#1
FISH OIL
BRAND IN
THE USA†

formulated specifically for
new moms to support
optimal wellness after birth*



1120 mg
OMEGA-3

1000 IU
VITAMIN D3

60 SOFT GELS • FISH OIL SUPPLEMENT

Supplement Facts

Serving Size: 2 Soft Gels
Servings Per Container: 30

Amount Per Serving	% Daily Value**1	
Calories	15	
Total Fat	1.5 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin D3 (Cholecalciferol)	25 mcg (1000 IU)	167%
Total Omega-3s [‡]	1120 mg	†
EPA (Eicosapentaenoic Acid)	586 mg	†
DHA (Docosahexaenoic Acid)	456 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

‡ Daily Value for pregnant women and lactating women.

‡ Includes EPA, DHA, and Other Omega-3s.

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural flavor), natural flavor, RRR-alpha tocopherol (antioxidant), vitamin D3 (olive oil, cholecalciferol), rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Fish oil processed in Norway | Manufactured in the U.S. by: Nordic Naturals, Mfg.

111 Jennings Drive, Watsonville, CA 95076 | 800.662.2544 | nordic.com

Please recycle this container

Rev.G1