

CAPSULE SIZE

Made in the USA



CODE 3369Z V5

Store in a cool, dry place after opening. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Persons with thyroid disorders or those taking warfarin, thyroid medications, L-dopa, SNRIs, MAO inhibitors, or other mood altering medications should seek the advice of a physician before consuming this product. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NOW® Thyroid Energy™ contains the Ayurvedic herbal extracts from Guggul (*Commiphora mukul*) and Ashwagandha (*Withania somnifera*) to complement its nutritional support components.*

SUGGESTED USAGE: As a dietary supplement, take 2 capsules daily, preferably in divided doses.

NOW® Thyroid Energy™ is a complete nutritional supplement for the support of a healthy thyroid gland. NOW has combined Iodine and Tyrosine, the two integral constituents necessary for the synthesis of thyroid secretions. The minerals Selenium, Zinc and Copper have been added as cofactors needed for normal thyroid function. In addition,

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Thyroid Energy™

THYROID SUPPORT

- Supports Healthy Thyroid Function
- Supports Healthy Metabolism*

180 Veg Capsules

A Dietary Supplement



Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Methylcobalamin)	60 mcg	1000%
Iodine (from Potassium Iodide)	225 mcg	150%
Zinc (from L-OptiZinc® - Zinc L-Methionine Complex)	25 mg	167%
Selenium (from L-Selenomethionine)	50 mcg	71%
Copper (from Copper Amino Acid Chelate)	1 mg	50%
L-Tyrosine (Free-Form)	1 g (1,000 mg)	†
Guggul (<i>Commiphora mukul</i>) (Resinous Sap) Standardized Extract (min. 2.5% Guggulsterones)	75 mg	†
Ashwagandha (<i>Withania somnifera</i>) (Root) Standardized Extract (min. 2.5% Withanolides)	50 mg	†

† Daily Value not established.

Other Ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/3369

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

L-OptiZinc® is a registered trademark of InterHealth Corp.