

Recommendation:

Adults: Take 2 teaspoons (tsp) (10 mL) daily. **Intensive use:** Take 2 teaspoons (10 mL) four times daily.

Children Ages 7 and older: Take 1 teaspoon (5 mL) daily. **Intensive use:** Take 1 teaspoon (5 mL) three times daily. Not formulated for children under 7 years of age. Shake well before each use.

Keep out of reach of children.

Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Contains no wheat, gluten, dairy, or artificial colors.

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**Supplement Facts**

Serving Size	1 teaspoon (5 mL)	2 teaspoons (10 mL)
Servings per Container	24	12

Amount per Serving	Age 7+ % DV		Adults % DV	
Calories	15		30	
Total Carbohydrate	4 g	1%†	7 g	3%†
Total Sugars	3 g	**	6 g	**
Includes Added Sugars	3 g	6%†	6 g	12%†
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to anthocyanins from 3,200 mg of premium cultivar elderberries per teaspoon	50 mg	**	100 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: fructose, purified water, glycerin, malic acid, natural flavor, potassium sorbate (preservative to maintain freshness)

If you are pregnant, nursing, or taking prescription drugs, consult a healthcare professional before use.

For more information, please visit integrativepro.com.