

- Experience unreal results from ingredients at full effective doses in this All-In-One Pre-Workout Powerhouse†
- Promotes maximum performance†
- Enhances power and strength†
- Amplifies muscle-pump, reduces fatigue and supports recovery†
- Increases energy, focus and workout intensity†
- Based on solid science†
- Full doses disclosed on label. No proprietary blend.

OUTLIFT® sets a new standard in pre-workout supplementation: it contains ingredients at full effective (clinical) doses, backed by science and freely disclosed on the label. OUTLIFT® is an All-In-One pre-workout powerhouse offering unreal results and many benefits. Experience the difference of OUTLIFT® and start training at your true maximum capacity. Beat personal records and Out Lift yourself.†

WARNING: Contains a high amount of caffeine. Do not use if pregnant or nursing. Not to be used by caffeine sensitive persons or anyone under the age of 18. Limit the use of caffeine-containing medications, foods and beverages while taking this product. Too much caffeine may cause nervousness, sleeplessness, irritability and possibly rapid heartbeat. Stop use if you experience any of these symptoms. Do not exceed recommended dosage. **KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LBL-OUTLIFT-BL-180Z-V6-US



Store in a cool, dry place (60°F to 80°F).

Developed by & Manufactured Exclusively for:
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EDGE

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 RESEARCH

OUTLIFT®

CLINICALLY DOSED PRE-WORKOUT POWERHOUSE



8G CITRULLINE MALATE	3.2G CARNOSYN® BETA-ALANINE
3G Creapure®	6G BCAAs

Dietary Supplement
 Net Weight 18 oz (510g)

**blackberry
 lemonade**
 No Artificial Colors

SUPPLEMENT FACTS

Serving Size: 1 Scoop (Approx 25.5g)

Servings Per Container: 20

	Amount per serving	% Daily Value
Sodium	200mg	8%**
OUTLIFT® All-In-One Pre-Workout Powerhouse		
Citrulline Malate 2:1	8g	*
Beta-Alanine (as CarnoSyn®)	3.2g	*
Creatine Monohydrate (100% pure Creapure®)	3g	*
L-Leucine	3g	*
Taurine	2g	*
L-Isoleucine	1.5g	*
L-Valine	1.5g	*
Caffeine Anhydrous	350mg	*
N-Acetyl-L-Tyrosine	150mg	*
Black pepper extract (fruit)(as BioPerine®)	5mg	*

**Percent Daily Values based on a 2,000 calorie diet.
 * Daily Value not established.

OTHER INGREDIENTS: Silicon Dioxide, Sodium Bicarbonate, Citric Acid, Sucralose, Natural and Artificial Flavors, Acesulfame Potassium.

ALLERGEN WARNING: Manufactured on equipment that processes products containing milk, egg, soybean, fin fish and wheat.

CarnoSyn Natural Alternatives International (NAI) is the owner of the patent estate and registered trademark CarnoSyn®.
 Creapure® is a registered trademark of AlzChem Trostberg GmbH, Germany, US Reg. No 2715915.

BioPerine® is a registered trademark of Sabinsa Corp.



RECOMMENDED USE: Shake container before each use. To experience the full strength of OUTLIFT® mix 1 scoop into 8-12 oz of cold water and drink 30 minutes prior to working out. Limit use to one serving per day. When mixing with a shaker cup, use cold water. Hold cap and cup securely in hand. Do not shake vigorously as this causes pressurization.