

POWERED BY NATURE.....PERFECTED BY SCIENCE

Say yes to dinner again knowing that your gut is supported. Take **FDgard®** daily to help manage your occasional indigestion.†



Caraway oil and **I-Menthol** work together to help relax the digestive system and manage occasional symptoms in the gut.†

Patented Site-Specific Targeting (SST®) Technology delivers FDgard® where it is needed in the gut



Illustrative depiction of FDgard® delivery

SUGGESTED USAGE

Adults, take two capsules, two times a day or as directed by a healthcare provider. Take 30 to 60 minutes before a meal, with water. If the pre-meal dose is missed, FDgard® can be taken with or after a meal. Do not exceed 6 capsules a day.

WARNINGS: Consult with your healthcare provider before use if you are pregnant, nursing, taking any medications or have any medical condition. Discontinue use and consult your healthcare provider if symptoms persist or worsen, or any adverse reaction occurs. Keep out of reach of children. Do not use if blister is torn or ripped or if there is any other evidence of tampering.

Store in a cool, dry place.

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



†Among gastroenterologists who recommended an herbal product for meal-triggered indigestion, Lieberman 2021.
 1. Chey WD, Lay B, Cash BD, Epstein M, et al. Clin Transl Gastroenterol. 2019;10(4).
 Individual results may vary.
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 Questions/Comments: CALL US TOLL FREE 1-855-607-66AND (1-855-488-4273) or visit www.FDGard.com
 Patents www.nestlehealthscience.us/consumerpatents

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#1 GASTROENTEROLOGIST RECOMMENDED BRAND†

NEW LOOK!

The PreMeal Companion®
FDgard®



CARAWAY OIL and I-MENTHOL

MEAL-TRIGGERED INDIGESTION†

Helps manage a combination of occasional symptoms:†

- ✓ Bloating
- ✓ Nausea
- ✓ Upset Stomach
- ✓ Difficulty Finishing a Meal

DIETARY SUPPLEMENT

36 CAPSULES



SHARE YOUR STORY

OTHER INGREDIENTS: GELATIN, MICROCRYSTALLINE CELLULOSE, METHYLCELLULOSE, HYDROXYMETHYLCELLULOSE, METHACRYLIC ACID COPOLYMER, LESS THAN 1% OF TRIETHYL CITRATE, SODIUM CROSSCARMELLOSE, POLYSORBATE 80, GLYCERYL MONOSTEARATE, TITANIUM DIOXIDE (COLOR), RED 3, BLUE 1

Manufactured for Nestlé HealthCare Nutrition, Inc. Bridgewater, NJ 08807 USA

Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 2 Capsules		
Servings Per Container 18		
Caraway Oil (Carum carvi) (seed)	50 mg	*
I-Menthol (Mentha arvensis) (aerial)	41.5 mg	*

*Daily Value not established

VISTA COLOR®



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